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Happy
Easter!

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SANIBEL & CAPTIVA ISLANDS, FLORIDA

APRIL 14, 2017

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Julie Wappes' fourth grade class at The Sanibel School with Easter bags, posters and the certificates they received for sponsoring an orangutan in need photo by Jeff Lysiak

Class Sponsors An Orangutan To Celebrate Easter

by Jeff Lysiak

Thanks to the compassion shown by The Sanibel School's fourth grade class, a young orangutan will have a better chance at living a normal life this Easter.

Recently, fourth graders in Julie Wappes' class were preparing to gather some sweets and holiday treats in celebration of the upcoming holiday.

"We were planning to make some Easter treat bags," Wappes said last week. "I asked everyone in the class to decorate their bags, then bring in something special – like chocolate or candies – to put inside."

However, the parents of one of her students had a different idea.

"My mother travels all over the world," said Sophia Schrow, 10. "She tries to do things that will help save the planet and preserve wildlife."

Sophia's mom, Lea, came up with the idea of sponsoring a baby orangutan which had recently been found abandoned and in dire health in West

continued on page 3



CECI student Emma Murray is ready for some Easter fun

photo courtesy CECI

Families Invited To Attend Spring Festival This Saturday

The Children's Education Center of the Islands (CECI) will hold its 23rd annual Spring Festival on Saturday, April 15 from 9 to 11 a.m. at Sanibel Community Park (next to The Community House). The festival will begin with a free Easter Egg Hunt, by age group, at 9 a.m. The games, crafts and contests will begin immediately after and continue until 11 a.m. A \$10 armband allows each child unlimited access to all activities.

The festival fun will include pony and unicorn rides, a bounce house, grand slide, face painting, and arts and crafts. The Easter Bunny will make an appearance at 10:15 a.m. and will be available for free pictures. The festival will also include a silent auction with over 60 baskets to bid on. There will be concessions with snow cones, popcorn, hotdogs and drinks available for purchase.

"This is such a fun event that the whole family can enjoy while benefitting

a great cause, our scholarship program, ensuring that all children can attend a quality preschool regardless of their family's financial situation," said Cindy DeCosta, director of the preschool. "It's also a mini reunion for all our alumni that we don't get to see on a daily basis anymore. The students become part of our family when they are at CECI, it's like a homecoming when they come back and have fun."

The Children's Education Center of the Islands is a non-profit preschool run by a parent board. The school relies on the support of the community. Proceeds from the Spring Festival will benefit the Children's Education Center's Scholarship Fund and capital improvements. All residents and visitors are welcome to attend.

For more information, contact Cindy DeCosta at 472-4538 or visit childrenseducationcenter.com.

Easter Fun At Community Church

Each year, island families and visitors bring their children to the Easter Egg Hunt at Sanibel Community Church, where they can find and open thousands of eggs and redeem them for prizes. This year's egg hunt is set for Saturday, April 15 from 11 a.m. to 1 p.m.

In addition to the egg hunt, there will be outdoor games, a cake walk, Family Game Challenge to win Easter baskets, and a free lunch. All families are welcome to join in the day of Easter fun.

Sanibel Community Church is located at 1740 Periwinkle Way, next to Jerry's Market.✱



Bring your Easter baskets photo provided



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"I AM SPECIAL"

4th Annual "I AM SPECIAL" Trailways Camper Reunion & Birthday Party Celebration-April 8, 2017

Hundreds of campers, family members/caregivers and volunteers turned out for this grand reunion and celebration event at the Sanibel Community House.

Thanks to our 2017 Co-Hosts Captiva Chapel by the Sea and Grampy's Charities

Food & Refreshments

• Bailey's General Store • Sanibel Café • Sanibel Deli & Queenie's Ice Cream • Jerry's Grocery • Marlene Jackson

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- Balloons Over Ft. Myers • Chet and Nancy Niesel • Goodwill Industries Southwest Florida, Inc.
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Deep Appreciation to Benjamin Miller, Honorary Chair, Special Guests, the many Dedicated Volunteers, Event Planning Committee-Nancy Niesel, Chair, Sanibel Community Bank, Jesi Cason, Trailways Camp Coordinator, and the Robert V. & Benjamin G. Miller Fund Advisors.

Founder's Awards April 2016-2017



Haley - Biggest Fish
(24 inches)



Eric, Birthday Closest to
Ben Miller



Linda - The Elder (67)



Emily - The Youngest
Camper (18)

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-Sharon & Jerry Miller
photo credit: Bonnie Gallo



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Children sang songs to their parents

photos provided

Family Banquet And Awards Presentation

The 2016-17 LOGOS family program concluded on April 5 with all families gathering for dinner followed by awards and a musical presentation by the children. Dinner was grilled chicken, tater tots, garden salad and pudding dirt dessert.

Awards were handed out to:

- Marit Foster – Turkey Shoot Champion
 - Kirby Padgett – Airplane Champion
 - Jessica Chavez-Santana – Spoon-Hanging Champion
 - Jessika LaBorde – Cup Stomp Champion
 - Cindy Sitton (Dinner Dean) – Ernie Gunther award (adult volunteer)
- The children sang three of their



Preschooler Savannah Jarrett and teacher "Miss Wacky" Terri Kirchner

favorite songs for the parents. This midweek intergenerational program runs from October through April each year at Sanibel Community Church, located at 1740 Periwinkle Way. Families with children ages 3 through fifth grade are welcome. For more information, call 472-2684.✱

From page 1

Orangutan

Borneo. Through an organization called International Animal Rescue, people who care about the well-being of animals around the world can provide support for wildlife in need.

According to International Animal Rescue, a 3- to 4-month-old orangutan named Gito, suffering from a highly contagious parasitic skin infection, required around the clock care and medical treatment.

"When our rescue team reached baby Gito, at first they feared he was already dead," the organization's website reads, in part. "Even our most hardened rescuers were shocked by the state he was in; it was one of the worst cases of neglect they had ever seen."

"The doctors thought it might be too late to save him," added Sophia. "But they got to him just in time."

One of the leading issues threatening orangutan populations is massive deforestation throughout Southeast Asia. In order to make way for palm oil plantations, rainforests are being cut down at an alarming rate. In the last 20 years, more than 3.5 million acres of Indonesian and Malaysian forest have been destroyed to make way for palm oil.

Palm oil, which is used in everything from soaps to snack foods – including chocolate treats prevalent during the Easter season – can be found in over half of all packaged items on supermarket shelves.

As a result of this deforestation, almost 80 percent of orangutan habitat has disappeared in the last 20 years. Statistically, this amounts to some 6,000 orangutans lost every year.

Sophia's mother thought the idea of having the class sponsor an orangutan in need made more sense than buying chocolates. She made a donation, and each fourth grader received their own sponsorship certificate from International Animal Rescue.

"We're all islanders... we love our turtles and birds and all sorts of wildlife," said Wappes. "Everybody thought it was a great idea to try and help Gito."

Thanks to the efforts of International Animal Rescue, along with the financial support provided by The Sanibel School's fourth grade class, the juvenile orangutan is receiving the treatment he needs.

"It's really important to help wildlife and to protect our planet," added Sophia.

To make a contribution to aid with Gito's care, visit www.internationalanimalrescue.org/gito.✱



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Hurricane Seminar On Captiva April 19

The Captiva Hurricane Response and Preparedness Committee will be hosting their annual Hurricane Seminar on Wednesday, April 19 starting at 3 p.m. at the Captiva Civic Center.

Guest speakers will include Jim Bjostad, chief of emergency management with Lee County Department of Public Safety. Bjostad previously worked for the United States Coast Guard and was one of the

incident commanders during Hurricane Katrina. He will present Respect the Wind, Fear the Surge.

NBC-2 meteorologist Kristen Kirchhaine will discuss the 2017 hurricane season predictions.

The committee will answer questions in regard to safely returning to Captiva and passes that are required following the two presentations. The committee consists of the Captiva Island Fire Control District and Lee County Sheriff Department, along with several island resident volunteers. The committee encourages everyone to attend this seminar, including full- and part-time residents, business owners and employees of all of the local resorts and rental agencies.✽

City Seeking Applicants

Are you interested in Sanibel's unique plants and habitats?

Would you like to help educate residents, visitors and landscape professionals about the city's vegetation standards and benefits of native plants?

Responsibilities include:

- Attendance at committee meetings on the first Thursday of each month at 1:30 p.m. in MacKenzie Hall at Sanibel City Hall, 800 Dunlop Road
- Appointees must earn a passing score on the city's Vegetation Competency exam
- Assisting in the administration of the

city's Vegetation Competency class and exam for landscape professionals. The class and test is offered four times per year in January, April, June and October on the first two Friday mornings of the month

• Assisting the city's planning and natural resources departments with vegetation inspections.

Any resident wishing to serve may www.mysanibel.com to access the online advisory committee application. Deadline for submission is Thursday, April 20.

If you have any questions, contact the city manager's office at 472-3700.✽

American Legion Post 123

On Sunday, April 16, American Legion Post 123 will serve an Easter ham dinner from 1 to 8 p.m.

Beginning on Monday, April 17, the American Legion will conduct 9-ball pool tournaments. New and returning players are welcome. On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The Ladies Auxiliary has cookbooks available.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome.

For more information, call 472-9979.✽

Top Ten Books

1. *Mangrove Lightning* by Randy Wayne White
 2. *Britt-Marie Was Here* by Fredrik Backman
 3. *Sanibel and Captiva Islands* by Deb Gleason & Charles Le Buff
 4. *Jack & the Geniuses* by Bill Nye
 5. *A Gentleman in Moscow* by Amor Towles
 6. *Lilac Girls* by Martha Hall Kelly
 7. *Heart of the Sanible Sunset Detective* by Ron Base
 8. *Hooray for Birds* by Lucy Cousins
 9. *Chillbury Ladies Choir* by Jennifer Ryan
 10. *The Light of Paris* by Eleanor Brown
- Courtesy of MacIntosh Books and Paper.✽

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Captiva Island Historical Society

Landmark: Cottages At 'Tween Waters



Grace Price and her daughter Dorothy standing in front of one of the original cottages at 'Tween Waters Inn
photo courtesy Captiva Island Historical Society Archives

This week's image features 'Tween Waters cottage Grace Price and her husband, F. Bowman Price, Jr., who built the first cottage-type 'Tween Waters Inn in 1931. They came to the area with their infant daughter Dorothy because of Bowman's poor health.

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours.

Visit the Captiva Island Historical Society website www.captiva-island-historical-society.org/archives/research to view many more images to bring you closer to Captiva.✧

Nature Studies

Youngsters from Summit Christian Preschool took a nature walk recently and found a number in interesting specimens to study, including a beetle.

Children at the school learn through a combination of experimental learning and games. The school is located at Sanibel Community Church.

For a tour or to register your 3- or 4-year-old for next year, call Andy at the main campus, 482-7007.✧



Gretta Livermon shows Jase Foster a beetle
photo provided



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HAPPY BIRTHDAY



Abigail Phillips photo provided

Abigail Phillips will turn 2 years old on Wednesday, April 19. "I'm not as tall as daddy's banana stock," she said. Abigail is the daughter of Kory and Cassie Phillips.✱

The Community House

Cooking Classes And Demonstrations

On Thursday, April 20 from 4 to 6 p.m., Loretta Paganini will hold a book signing and a mozzarella demonstration. The book is \$24.99 and a portion of the proceeds benefit SCA.

On Sunday, April 23 from 4 to 6 p.m., Chef Jarred will be giving demonstrations on tomatillo basil bisque, lump crab cakes, yucca fries and lemon tart with berries.

On Monday, April 24 from 10 a.m. to 1 p.m., Cara Larocca Albertelli will teach a hands-on Cake Artistry program.

Shredding Day

Community Shredding Day is Saturday, April 22 from 9 a.m. to noon in the north lot. Cost per box or bag is \$5.

Mini Golf

The 20-year tradition of Mini Golf will take place Friday through Sunday, April 21 through 23 from 10 a.m. to 7 p.m. Billy and Salli Kirkland, longtime supporters of The Community House, have created a new mini golf experience with the help of Ryan Markosky and Kyle Galloway, staff members of Billy's Rentals.

To kick off the festivities on Friday night from 5 to 7 p.m., Chef Jarred will prepare his special recipe for beer



Tom Uhler

battered cod, served with jicama salad and hushpuppies. Cost is \$10 per adult. Child menu is \$5. Mini golf play is \$3 per person. Sponsorships are available and sponsors receive 20 free passes.

Robot Tournament

On May 20, it's Small Bots of Mass Destruction (SBoMD), a one-on-one combat tournament for robots hosted by KurTrox, Treasure Coast Makerspace and The Community House. This event is the first of its kind

on Sanibel and all ages are welcome. There will be trophies and prizes for the top two in each weight class, as well as special awards for sportsmanship and driver abilities. Cost is \$20 per robot (all weight classes); register at SBoMD.com.

Wine Classes

Sanibel wine educator Tom Uhler will present his introductory/intermediate wine class to benefit The Community House on three Friday nights, May 5, 12 and 26 from 7 to 9 p.m.

A maximum of 30 participants will learn why red wines taste different than white wines, what the shape of a wine bottle tells about what's inside, why that wine rack in your kitchen is the worst possible place to store wine, how to read any wine label and when it's perfect to serve red wine with fish.

The cost is \$135 per person for all three classes.

Participants will taste over a dozen wines. Many will be matched with foods from Sanibel Catering Company by Bailey's, sponsors of the evening.

Uhler is the founder of the first fine wine store in Lee County and a long-time member of the Society of Wine Educators.

Participants are encouraged to eat a light meal prior to the class.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.✱

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Cub Scouts Hold First Pinewood Derby On Sanibel



Cub Scout Pack 1740 with their leaders

photo provided

The 1st annual Pinewood Derby for Sanibel Cub Scout Pack 1740 was staged on April 1. Held at Sanibel Community Church and sponsored by the SanCap Motor Club, it was an exciting event for all who attended.

Local scouts worked diligently on building their cars during pack meetings and at home with their families. All scouts are eligible to race their cars for fun at the Council Pinewood Derby in Fort Myers on May 13. The winners from each den – as well as overall

Pack 1740 winner Charlie Stone – are eligible to compete.

A special thank you from the scouts goes out to Mike Stone, Scot Congress and Bob Miller of the SanCap Motor Club for sponsoring the event and providing a banner and trophies.

To learn more about scouts, contact Cub Scout Pack 1740 Committee Chair Kara Stone at 223-4625 or Boy Scout Troop 1740 Committee Chair Kim Kouril at 233-4180.✱



The Sanibel School's Spanish Elementary Club

photo provided

Fiesta Held At Sanibel School

The Sanibel School celebrated its annual Fiesta de Abril last week, which was full of dancing, singing and celebrating Hispanic culture, in conjunction with the school's biannual Scholastic Book Fair.

The evening began with festivities and book sales in the school's media center,

followed by festivities in the courtyard. Each grade performed a dance, and the Spanish elementary and middle school clubs performed specific dances, including salsa and flamenco. The audience cheered and joined in the finale, dancing with the students and teachers.

The festival was organized by Spanish teacher Silvia Zavala, media specialist Libby Payne and music teacher Joey Giangreco, who served as the evening's master of ceremonies.✱

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April: The Wentletrap Shell, Diamond. The beautiful spiral of this unique shell is a symbol of eternity, which is a guiding characteristic for those born to this shell. Characterized by courage and clarity of mind, those that are born in this month are dynamic individuals who are as quick witted as they are confident.

Commissioners Review Formula Retail Requirements

by Jeff Lysiak

Members of the Sanibel Planning Commission, following the direction of city council, considered a number of recommended changes to the city's Land Development Code requirements applicable to formula retail businesses during their meeting on Tuesday.

According to Planning Department Director Jim Jordan, councilors met earlier this month and offered direction to the commission that would alter Sanibel's restrictive formula retail policy. Specifically, the proposed changes would include:

- Adjusting the current formula retail stores "review trigger" upward from 50,000 square feet to 70,000 square feet
- Giving the planning commission the authority to approve all new formula retail stores below the 70,000 square foot "review trigger"
- Requiring city council review and approval to add new formula retail stores in excesses of 70,000 square feet
- Applying the definition of formula retail stores to any existing retail stores with more than four off-island locations

During the council's April 4 meeting, Mayor Kevin Ruane had suggested that a total of five retail locations for a business be the official "trigger" for review. However, several members of the commission noted that there was confusion with the language offered during Jordan's presentation. In it, he offered the threshold for review be "more than four off-island locations."

Commissioner Chuck Kettelman, who stated that the increase in square footage was a "judgement change," also called the amended total of stores "prudent."

"We're not giving anything away by doing this," Kettelman added.

Fellow commissioner Karen Storjohann reiterated her suggestion, which she made during the council session, that the panel review and amend the city's formula retail business forms (which are required to be submitted by all applicants) where needed. She also called for appropriate penalties to be included for businesses which are non-compliant with city regulations.

"Are (the forms) written clearly enough that the applicant won't need an attorney to understand our requirements?" she asked. Jordan stated that the city's planning department staff would handle the amended language of all business applications, while Kettelman suggested that a final inspection of the altered forms be reviewed by the Permitting Process Review Subcommittee.

Following some additional discussion and input from members of the public, Jordan said that planning department staff will prepare a draft ordinance for amending the appropriate sections of the Land Development Code consistent with council direction and commissioner recommendations. That draft will be reviewed at the April 25 commission meeting.

In other business, commissioners approved an application for a conditional use permit for the removal of an accessory dock to be replaced with a new dock and boat lift at a Woodring Road residence.

According to Senior Planner Roy Gibson, the applicant – property owner Andrew Entwhistle – revised his original permit application, removing one of the two planned boat lifts. As a result of the revision, planning staff considered that application in compliance with city regulations.

With no additional comment on the matter, commissioners voted 6 to 0, with commissioner Chris Heidrick absent and excused, to approve the permit.✪

CARD OF THANKS

Sanibel Uncorked! The 2017 Food and Wine Festival was an outstanding success, held by the Sanibel-Captiva Optimist Club at Lily & Co. Jewelers. Co-hosts Bailey's General Store, Sanibel Catering and Lily & Co., together with The Sanibel Captiva Trust Company, are Student Enrichment Supporters. Many thanks are due to Richard Johnson and Calli Johnson of Bailey's General Store and their staff of chefs and servers, and to Dan Schuyler, Karen Bell, and all the wonderful people at Lily & Co. for sharing their day off.

Catering sponsors were The Cedar Chest Fine Jewelry; Doc Ford's Rum Bar & Grille on Sanibel, Captiva and Fort Myers Beach; John and Beth Newland; and Sanibel Catering Company by Bailey's.

Safety Officer sponsors were Sanibel-Captiva American Legion Post 123; John Grey Painting, Ltd. Co.; Doug and Sherry Gentry; and Nu Way Concrete Forms, Inc.

Table sponsors were T-Shirt Hut; Island Management; Barefoot Charley's Painting Company and John F. Jones.

Thanks are also due to the following who provided support in many ways: Blue Ash Media; Quebbie Music System; *Island Sun* newspaper; Island Graphics; Southern Wine & Spirits of South Florida; Johnson Brothers Liquor Co. of Florida; Bailey's Liquor Department; Breeze Newspapers; Pak-N-Ship; New Belgium Brewing Company; and all the Optimist Club volunteers and all our guests.

Cooking demonstrations were performed by top rated local chefs: Chef Karl Hamme of Sanibel Catering Company by Bailey's; Chef Teh Peng of The Timbers Restaurant and Fish Market; and Chef Philip of Doc Ford's Rum Bar & Grille.

The following provided generous donations and/or items for the silent auction: The Timbers' Chef Teh Peng; Sanibel Catering Company Chef Karl

Hamme; George and Wendy's Sanibel Seafood Grille; Broadway Palm Dinner Theatre; BIG ARTS Strauss Theater; Florida Repertory Theatre; Island Cinema Extravaganza; Sanibel Blues and Jazz Festival; The Sanctuary Golf Club; The Dunes Golf & Tennis Club; Sanibel Island Golf Club; The Club at Shell Point; Jungle Golf; 'Tween Waters Inn; South Seas Island Resort; She Sells Sea Shells; Marit Hansen Mouchou & OYA; Jensen's Cottages & Marina; Captain Steve Kreter; Key West Express; Zoomers Amusement Park; John Grey Painting; Sanibel Double D Taxi; Over Easy Café; Blue Giraffe Restaurant; Traditions on the Beach; The Clam Shack New England Seafood; Island Paws; Floral Artistry; Luc Century; Norm Ziegler's Fly Shop; Giro Cycling Helmets (Verona, Revel); Zetrablade and Spitfire In-Line Skates; Jerry Edelman Ceramic; Nick Adams Photography; Johnson Brothers Liquor Co.; Southern Glazer's Wine and Spirits of Florida; and Bailey's General Store.

A number of wine distributors brought a variety of wines to try. Canapés were prepared and served by Sanibel Catering Company by Bailey's. Incidental music was provided by Frans Kox with Quebbie.



Many thanks to all the generous folks who bought entry donation tickets. Additional thanks go out to anyone we missed. Thank you!

Donated funds made it possible for the Optimists to maintain one of six four-year college scholarships to replace one vacated by a graduating recipient. Funds also continue the Optimist's Junior Anglers summer fishing adventures, an archery league (through Sanibel Recreation Center), to sponsor The Storm, a kids' summer basketball league (also through the rec center) and to continue a number of other charitable endeavors for kids.


Plan on coming next year and joining the fun. The date and time will be announced later in the year.✪

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Lorin Arundel

Advertising
Bob Petcher
George Beleslin

Graphic Arts & Production
Ann Ziehl, Manager
Amanda Hartman
Justin Wilder

Reporter
Jeff Lysiak

Contributing Writers

Kimberley Berisford	Tanya Hochschild
Barbara Cacchione	Shirley Jewell
Kay Casperson	Audrey Krien
Constance Clancy, EdD	Dr. Jose H. Leal, PhD
Suzy Cohen	Anne Mitchell
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Vintage Earth Day button photos provided

Earth Day Recollections

submitted by Kristie Anders, Education Director, Sanibel-Captiva Conservation Foundation (SCCF)

I was entrusted with an original Earth Day pin in 1990 by Dr. Bill Webb, retired wildlife biology professor at Syracuse University. It came with an unforgettable story.

Basically, the administration at the university at the time felt threatened by the whole concept of this new event to be held on April 22, 1970 – Earth Day.

Dr. Webb was told not to discuss the upcoming date nor was he to wear that pin or his job may not be there after the end of the semester. Bill never

minded “swimming upstream,” and when the day came, he proudly wore it and became part of the national environmental teach-in.

The pin depicts the Greek letter theta, chosen to be a combination of the letter “e” for environment and “o” for organism. A green and white striped Earth flag was also designed. A green square in the upper left had a gold theta symbol in the field. The “blue marble” photograph of the planet earth taken by Apollo XVII in 1972 became the new symbol.

In 1990, SCCF undertook a mission to buy an Apollo XVII version of the Earth flag for every school in Lee County. It was hoped that all would fly the flag on April 22. Some principals refused. The Sanibel School flew it every day until the sun took its toll.

Gaylord Nelson was attributed with conceiving of a nationwide day devoted to teaching about the environment. Eventually, the movement spread to over 100 countries. Later, he was given the National Medal of Freedom for that effort. On each campus at the height of the counter-culture era, there were educators emboldened to talk about the Earth’s future as its natural resources were being consumed at an alarming rate and environmental protection was not what it is today.

I wonder what Professor Webb would think now, 27 years after he bestowed the pin on me, and 47 years after the first gatherings around the world. What would he think of the brown plume



Earth flag circa 1970

spewing out of Redfish Pass? What would he think of the results of his three years of word by word edits to the state’s Aquatic Preserve Act? What if he never stood up to the administration and opened the minds of thousands of students to a new way of looking at the Earth?

SCCF was fortunate to have Dr. Bill Webb and countless others volunteer their time and talent to making the islands a better place for all of us. We still have some of his hand scribbled notes in the draft forms of the Aquatic

Preserve Act. He not only was custodian of the estuaries, he led the surface water quality monitoring work in the 1970s and 1980s.

My first day tagging along, he pointed out the little bald headed common gallinule, with its bright red skin and black feathers stumbling along the plants floating on the water of the Sanibel Slough down by the weir.

Thanks for the memories, Bill. Thanks for being part of the SCCF legacy of protecting coastal habitats and aquatic resources.✱

THANK YOU SANIBEL



for your support over the past 20 years.

It has been my pleasure to serve our community. I wish our new council the best of luck and look forward to the future successes of our city.

Marty Harritty

Political advertisement paid for and approved by Marty Harritty for Sanibel City Council.

What's Happening At The House In 2017

Events

Thursday, April 20 4-6 pm

Loretta Paganini Book Signing

April 21-23 Mini Golf

10 am-7 pm \$3.00

Sponsorships Now!

Friday, April 21 at 5 pm

Chef Jarred

Special Beer Battered Fish Fry

\$10 Adults

Saturday, April 22, 9 am - Noon

Shredding - NORTH LOT

Sunday, April 23, 3-5 pm

Chef Jarred Demo \$45

Bisque, Crab Cakes & More

Monday, April 24, 10 am - 1 pm

Pastery Chef Cara Albertelli \$95

Hands on Cake Skills & Artistry

Wednesday, April 26

5 pm Annual Meeting

6 pm Pot Luck-Betsey Eidem-Cuban Food

Saturday, April 29, 9 am - Noon

Kids Hands on Cooking \$20

Classes & More

Monday

8:30 am Island Yoga & Thursday

10 am Shell Crafters & Lessons

Tuesday & Thursday

10 am Sanibel Yoga

11:15 am Sanibel Yoga

12:30 Duplicate Bridge (Tuesday Only)

Wednesday, April 19

7 pm Colorful Sips with Sissi

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for more information

The Community House

SANIBEL COMMUNITY ASSOCIATION

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Bailey's Spring Coloring Contest Winners



Harrison Jones

photos by Jeff Lysiak



Hazel DeCosta



Teagan Clark



Jillian Breece



Eden Fautz



Lilly Wolf



Sammy Wells

by Jeff Lysiak



Jacob McKinney

place; Hazel DeCosta, second place; and Teagan Clark, third place.

First grade – Jillian Breece, first place; Eden Fautz, second place; and Lilly Wolf, third place.



Gia Lackenby

Second grade – Sammy Wells, first place; Jacob McKinney, second place; and Gia Lackenby, third place.

The Bailey's Spring Coloring Contest is organized annually by Roni Martorelli.✱



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Resurrection Weekend

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Friday, April 14 at 7 p.m. in the Main Sanctuary
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Saturday, April 15 from 11 a.m. – 1 p.m.
Fun, Food... Games and Prizes for the whole family – all for free!

EASTER SUNRISE SERVICE ON THE CAUSEWAY & BELIEVER'S BAPTISM

Sunday, April 16 at 6:30 a.m.
*Encouraging Message from Dr. Daryl Donovan, Senior Pastor,
 "Fully Alive!"*

*Donuts & Coffee served at 6:15 a.m.
 Teen Challenge Testimonies & Song. SCC Teen Drama.
 Believers Baptism following the service.*



EASTER SUNDAY ON THE CAMPUS OF SANIBEL COMMUNITY CHURCH

8 a.m. Traditional - Pastor Ed VanderHey

9 a.m. Contemporary with Special Kids Moment

11 a.m. Traditional with Hallelujah Chorus

*Encouraging Message from Dr. Daryl Donovan, Senior Pastor,
 "Out Of The Pit!" at 9 & 11 a.m.*

12:30 p.m. Believer's Baptism at Dixie Beach



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JOIN US FOR SUNDAY WORSHIP WITH SERVICES AT 8, 9 & 11 A.M.





Linda Convertine

photo provided

Blankets Made For ICU Patients

The Quilt Lover's Hangout in North Fort Myers hosted a Compassionate Blanket Sewing

Day for parish nurses and their sewing teams who regularly sew blankets for Lee Health's Intensive Care Units. Since the inception of the program in 2009, over 1,200 blankets have been completed and distributed. These blankets are used to create a more compassionate environment for families who are grieving the loss of a loved one who has died in an Intensive Care Unit. The blanket, which has been on their loved one, is offered to the family after they have said their last goodbyes at the bedside.

Approximately 80 blankets were completed by the parish nurses and volunteers. Linda Convertine, parish nurse from Sanibel Congregational United Church of Christ, participated in the event. The church supports this program as well as a program which provides prayer shawls to hospitalized or ill parishioners.

At the end of the gathering, all the blankets were prayed over and blessed by the chaplain, the nurses, volunteers and the news reporters covering the event.✱

Read us online at
IslandSunNews.com

OBITUARY



PHILIP BELANGER

Philip Belanger was born May 29, 1933 in Arlington, Massachusetts, the son of Ernest Maurice and Hazel Viola Stroud Belanger. After attending the University of Massachusetts to study engineering, and joining the U.S. Army, he married Mary Elizabeth (Betty) Thurner on August 1, 1959.

Phil worked at United States Steel as a manufacturing sales representative.

His faith, often expressed through music, was important to him throughout his entire life – starting at St. Paul's Episcopal Church in Boston as a member of the boy's choir. Later, he enjoyed performing in church choirs and regional choral groups with Betty in the Chicago area and Sanibel Island, Florida.

When he was not working in his shop on projects, he was traveling the United States with his family in the pop-up camper that he built himself. While on these trips, he would engage in another of his favorite hobbies: photography – a legacy from his father. Later in life, Phil and Betty spent a lot of time tracing their genealogies. After retirement, Phil and Betty continued to travel the United States and Europe while wintering on Sanibel Island.

The family will be privately celebrating Phil's life together in Champaign and subsequent burial in Arlington, Massachusetts. Arrangement by the Reed Funeral Home, Sullivan. Online condolences may be sent to the family at reedfuneralhome.net.

Surviving are his wife Betty of Champaign, Illinois; son Charles Ernest (Tammy) Belanger of Ludlow, Illinois; daughter Sharon Kay Belanger Lahn of Grinnell, Iowa; sisters Joan (Les) Martin of Cincinnati, Ohio; Anne (Russell) Garrity of Arlington, Massachusetts; and grandchildren: Katrina Belanger, Lindsey (Luke) Wurl, Ethan and Cameron Lahn; and great-granddaughter Alexandria Wurl.✱

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

Invites you to join us during

HOLY WEEK

April 13 - April 16

MAUNDY THURSDAY - 5:00 p.m.

Washing of the Feet, Holy Eucharist and Stripping of the Altar

GOOD FRIDAY – 12:00 p.m. with Communion

HOLY SATURDAY – 5:00 p.m.

with Communion

Following the service, there will be a potluck supper.

THE GREAT VIGIL OF EASTER – Saturday - 10:00 p.m.

Kindling of the new fire, lighting of the Paschal Candle,

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Holy Week Services at Sanibel Congregational United Church of Christ

Maundy Thursday - April 13

7:00 p.m. - Tenebrae & Holy Communion

Good Friday Vigil Service - April 14

Noon - A Dramatic Monologue

Easter - April 16

The Rev. Dr. John H. Danner preaching

7:45 a.m. - Chapel

9:00 a.m. - Blended/Informal Service

11:00 a.m. - Traditional Service

Special music at 9:00 and 11:00

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11 a.m. Traditional in main Sanctuary,

10:15 a.m. Courtyard Fellowship, 9 and 11
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a.m. Tuesday Morning Prayer 9 a.m.
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Bluegrass Concert On The Porch

The porch concert series at Sanibel Community Church concludes with the Back Porch Bluegrass Band singing toe-tapping bluegrass music from the front porch. The band will perform on Sunday, April 23 at 5 p.m. There will be free lip-smackin', finger-lickin' chicken fingers and sodas for all. Bring your lawn chair. The concert is free, with a love offering received for the Back Porch Bluegrass Band.

Sanibel Community Church is an evangelical, non-denominational congregation located at 1740 Periwinkle Way. For more information, call 472-2684 or visit www.sanibelchurch.com.



Back Porch Bluegrass Band

photo provided



Brazilian pepper tree photos provided
City Of Sanibel Vegetation Committee

Brazilian Pepper A Serious Threat

If you are a long time resident or visitor to Sanibel, most likely you know about Brazilian pepper, while those with less history may not. If you are unfamiliar with the plant, here's what you need to know about this infamous plant.

Brazilian pepper (*Schinus terebinthifolius*) is considered a Category I invasive plant by the Florida Exotic Pest Plant Council, and is one of the most aggressive invasive exotic plants in Florida infesting over 700,000 acres. Its' dense canopy shades out



Brazilian peppers

other native species, and it invades the aquatic and terrestrial habitats of the wildlife that depend on the land and water for their survival.

In the 1990s, a city appointed committee studied habitat issues in conjunction with the development of the Sanibel comprehensive surface water management system. The conclusion was that Sanibel's wetland habitat had decreased significantly since the 1950s due to fire suppression, Brazilian pepper and other hardwood invasion, and a decreased wet season water table. Thus, in 1996, Sanibel City Council adopted The Brazilian Pepper Eradication Program, with a goal to rid the entire island of this invasive exotic plant. Over the years, the eradication

Historic Captiva Chapel By The Sea



HOLY WEEK

APRIL 13 MAUNDY THURSDAY

4:00PM HOLY COMMUNION

Remembrance of Our Lord's Last Supper

APRIL 14 GOOD FRIDAY

NOON – REFLECTING ON THE PASSION OF CHRIST

APRIL 16 EASTER SUNDAY

11:00AM THE RESURRECTION OF CHRIST

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program, combined with new policies and systems to manage surface water as well as the prescribed burn program, has resulted in the near elimination of this invasive pest. However, it is an ongoing battle.

If you are driving around Fort Myers in the winter, and you see beautiful red berries, it is probably Brazilian pepper. As you can imagine, those bright red berries are very attractive to birds and mammals who act as perfect dispersal agents. Thus, Brazilian pepper will continue to be an occasional nuisance. Be vigilant and prevent its spread.

Since plant identification can be challenging, here's what you should look for: Brazilian pepper is a shrub or small tree which can grow up to 40 feet. There are male and female plants, but only the female bears fruit. The leaves are alternately arranged with one- to two-inch long, elliptic, and finely toothed leaflets. The serrated leaves are reminiscent of the wild rose leaves up north. The mid-rib of the leaf is reddish, and flower clusters which are white and two to three inches long, appear from September through November. The fruit is clustered and initially green, becoming bright red when ripe (usually by December). This timeframe distinguishes this non-native plant from native vegetation which generally blooms and bears fruit in the spring through fall. If you crush a leaf of the Brazilian pepper, it smells peppery or like turpentine, but be careful since it is a relative of the poison ivy family, and therefore, its sap can cause an allergic reaction.

In order to successfully control Brazilian pepper, all Brazilian pepper tree stumps must be treated with an appropriate herbicide. In most cases, a product containing the active ingredient triclopyr is the best choice for controlling Brazilian pepper; however, the methods of application may vary depending on the maturity of the pepper being treated. Mature trees should be cut as close to the ground as possible. Within five minutes, herbicide should be applied to the cambium (living tissue just inside the bark). Small seedlings or re-sprouts may be hand pulled or treated with foliar treatment.

Brazilian pepper can be removed from developed property without a permit; however, a vegetation permit

is required to remove pepper from a vacant parcel.

Brazilian pepper made its way to Florida from South America in the mid-1800s and is native to Argentina, Paraguay and Brazil. It was brought here as an ornamental plant, and its brilliant green foliage and bright red berries are often used in Christmas decorations. The introduction of Brazilian pepper to south Florida serves as another cautionary tale of why non-native plant and animal species can be so detrimental to the environment. In 1996, along with the Brazilian Pepper Eradication Program, city council enacted legislation regulating seven other invasive exotic plant species

– air potato, earleaf acacia, exotic inkberry, java plum, lead tree, mother-in-law's tongue, and Melaleuca. These eight are the worst of the invasive exotics on Sanibel, and may not be intentionally planted or transplanted on Sanibel. When applying for any city development permits, conditions of the permit require removal of these eight plants in perpetuity.

To view pictures of these plants or the city's "The Alien Invasion" brochure, visit www.mysanibel.com/Departments/Natural-Resources/Vegetation-Information/Exotic-Vegetation/Other-Invasive-Exotic-Vegetation or contact the city's Natural Resources Department at 472-3700.

The Natural Resources Department section of the city's website, www.mysanibel.com, offers information and photos of native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The vegetation committee also offers free native plant tours of the grounds at city hall at 10 a.m. on the second Wednesday and fourth Saturday of the month from November to April. For more information, contact the Sanibel Natural Resources Department at 472-3700.*

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Canines And Owners Invited To Birthday Bash

Lily & Co. Jewelers has three reasons to celebrate: Lily the Labradoodle, and Labradors Gracie and Angel.

The four-legged trio extends an invitation to their infamous birthday bash from noon to 4 p.m. on Saturday, April 22 under the big tent in front of Lily & Co. Jewelers. It is sure to be a "paws-itivity" delightful afternoon filled with food and fun while raising funds for the Animal Refuge Center (ARC).

For the 11th year, Lily, Gracie and Angel are lending a helping paw to the Fort Myers-based no-kill shelter which is dedicated to finding loving homes for cats and dogs who have been spayed or neutered. It was started by a group of individuals who, in 1988, came together with the vision of creating a positive solution to pet overpopulation.

"It takes a supportive community for



Karen Bell and Dan Schuyler with Lily the Labradoodle

ARC to carry out its important mission," said Dan Schuyler, co-owner of Lily & Co. and owner of Gracie, 14, and Angel, 9. "We are proud to celebrate our 11th year of making ARC the beneficiary of the girls' birthday celebration, raising a record \$18,000 last year."

Lily, who will turn 13 years old, is the company's namesake and appears in advertisements. "She has been a wonderful friend to me over the years," said Karen Bell, Lily's mother and co-owner of Lily & Co. "We are just delighted to be a part of helping ARC find wonderful friends for other dogs and cats."

Coral Veterinary Clinic will return with its popular pooch kissing booth. Morning Star Dog Training will have tips for an obedient dog. Island Grooming will offer spa and styling tips for your pet, and demonstrations by Groomer Shabby. Sharon Schuyler of J. McClaghlin will have dog-themed summer fashions and Rafael Diez will return with caricature drawings. Sanibel Catering Company by Bailey's will be grilling hot dogs and serving other treats for the human guests.

There will be raffle prizes including a diamond dog bone pendant donated by KC Designs, a company that has been at the forefront of diamond fashion jewelry industry for more than three decades.

All non-human friends are encouraged to come dressed to the nines for the costume contest. First, second and third places will be awarded to the best-dressed pooch.

A birthday celebration is never complete without cake and there will be two kinds – one for the two-legged guests and "pup" cakes – with a cake-cutting ceremony at 2:30 p.m. All prizes will be awarded following the cake-cutting.

On Friday, April 21 and Saturday, April 22, there will be a Spring Trunk Show with KC Designs inside the jewelry store. "KC Designs collections are classic, and add to a woman's natural beauty," Schuyler said. "They masterfully create diamond pieces which compliment women of every style."

Lily & Co. Jewelers is located at 520 Tarpon Bay Road. For more information, call 472-2888.✧

Plant Smart

Narrow Leaf Ground Cherry

by Gerri Reaves

Narrow leaf ground cherry (*Physalis angustifolia*) is a perennial wildflower found along the Gulf Coast of the southeastern United States. It also called coastal ground cherry.

The bell-like flowers of this Florida native are quite beautiful but don't get their share of attention because they dangle downward.

Solitary and pale yellow, they have fused petals and bloom mainly in the spring and summer.

Flowers have both male and female organs, meaning they are hermaphroditic. They measure less than an inch across. Some flowers have purplish throats and some do not.

The narrow leaves alternate on erect

stalks of one to two feet high. Like many members of the nightshade or potato family, this species has toxic leaves and stems, although the ripe fruit is said to be edible.

The fruit is enclosed in what resembles a Chinese paper lantern, which is actually the inflated five-lobed calyx, the collective sepals. The term *physalis* means "bladder" and refers to that enclosure.

That calyx is toxic and should never be eaten. At first, it is colorful – green with purple veins – but eventually turns brownish, emphasizing the papery look.

Only when the fruit inside it has turned from green to golden yellow is it ripe. The cooked ripe fruit is used in pies and preserves and has a bittersweet flavor.

The Institute for Regional Conservation lists this plant as imperiled.

Sources: *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, eattheweeds.com, pfaf.org and uswildflowers.com.

Plant Smart explores the diverse flora of South Florida.✧



Native narrow leaf ground cherry has downward-hanging bell-like flowers. The papery calyxes (below flower) enclose the fruit, which sources say is toxic unless ripe and properly prepared. photo by Gerri Reaves

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Marine biologist Rebecca Mensch describing the anatomy of a giant squid during her Mollusk Matinee lecture last week at the Bailey-Matthews National Shell Museum

photos by Jeff Lysiak

Giant Squids Subject Of Shell Museum Talk

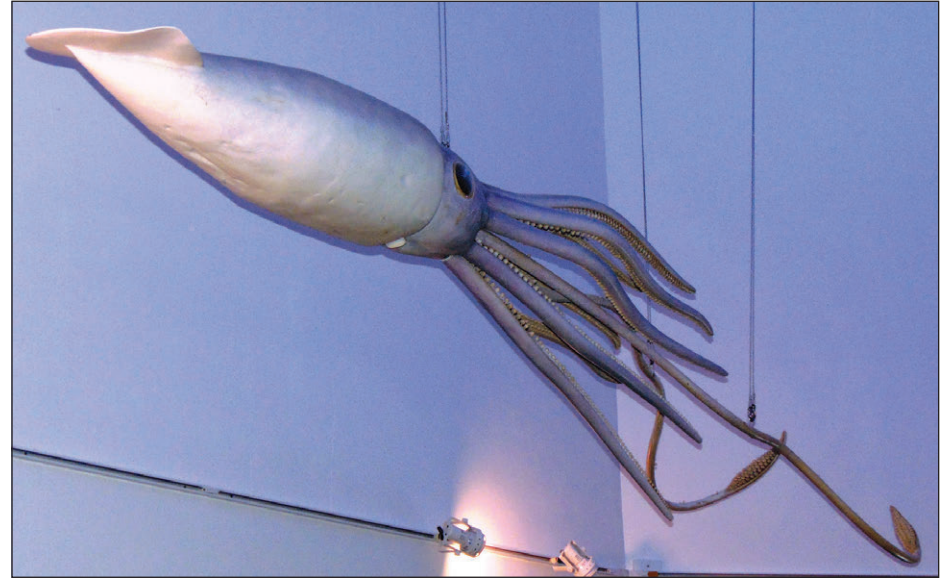
by Jeff Lysiak

On April 5 at the Bailey-Matthews National Shell Museum, Rebecca Mensch delivered an entertaining 45-minute Mollusk Matinee lecture entitled Giant and Colossal Squids, sharing information about the size, anatomy and legends associated with these little known

marine creatures.

One of the museum's marine biologists, Mensch explained that her fascination with squids started when she was a youngster. "The fact that when I was a kid nobody had ever seen one was incredible," she told an audience of about 20 museum visitors. "The giant squid and the colossal squid are the two largest invertebrates on the planet."

The giant squid (*Architeuthis dux*) is the largest (in terms of overall weight and length) known cephalopod and the largest known mollusk ever known to exist in the oceans. The term cephalopod actually



A 13-foot sculpture of a giant squid hanging in the museum's Great Hall of Shells

means "head/foot," an apt description of the massive marine species. Anatomically, the giant squid is comprised of a mantle, a head with one eye, a pair of fins, eight arms and two tentacles.

While the average giant squid measures between 20 and 40 feet, the record length for the species is 60 feet long.

"There is some debate over the way they used to measure these animals," said Mensch. "Did they stretch out the tentacles as long as they could reach, or did they measure it at rest, the way we do today?"

Using their feeding tentacles, equipped with sharp-toothed sucker rings, the giant squid catches its prey. It eats with a sharp beak, with food cut and ground by the

radula, a tongue-like organ covered with rows of teeth.

Giant squids, while found worldwide, are rarely seen between the tropics and extreme polar regions – although three have been discovered (in 1954, 2009 and 2014) in the Gulf of Mexico. They live in deep water between 1,000 to 3,000 feet.

What's unknown about the species is their growth rate, reproduction process, migration habits, average age and population.

"Giant squids are probably where the myth and legend of The Kraken comes from," Mensch explained. "The first documented live specimen wasn't

continued on page 28



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Hopefully The Last Cold Front



by Capt. Matt Mitchell

Just when awesome spring fishing was kicking into high gear, another cold front brought a extreme 10 degree plus drop to our water temperature. Strong winds that came along with

the passing cold front kept anglers off the water for at least a day or two until conditions gradually relaxed and slowly began to calm back down. Canceling trips was the only option as winds gusted 30 mph plus. April is always a windy month and so far, this has rang true.

Pre-cold front, our snook bite was as good as it gets on both tide phases – as long as the water was moving, the bite was on. During the extreme high tides brought on by the southerly wind direction, oyster bars were the place to be, with snook of all sizes caught in less than three feet of water. During lower water periods, deeper windblown mangrove shorelines within



Pam Murray with a 30-inch snook caught pre cold front while fishing with Capt. Matt Mitchell

close proximity to the passes held lots of snook, too. Chumming with live shiners at every stop, it did not take long to have snook blowing up everywhere. Post-cold front, our snook bite got tough for a few days but is gradually improving. This bite will get going again once our water temperatures climb back to the high 70s again.

Once back to fishing after the cold front, it was all about getting tucked away from the wind and catching what was biting as options were few. During the super low morning tides, big redfish have

been pretty predictable and seemed to not be affected much by the colder weather. This bull red action was often a patience bite and seemed to happen best during roughly an hour or so window during the first part of the incoming tide. Our best morning on these redfish we caught four over 30 inches and lost another three while using a pinfish weighted to the bottom on a large split shot. Most trips if you rode out the first hour or so of the incoming tide, you would hook into a few of these hard fighting redfish.

After the cool down, looking for just any kind of action while staying out of the wind, I tried what I usually do in winter and targeted sea trout in the deeper "Ding" Darling creeks. During the lower water periods, this trout bite on free lined live shiners saved several trips and made for happy anglers that caught dozens of trout. Most of these trout were just at or under the 15-inch slot, but if you put in your time, you could grind out the four fish per

angler limit on 16- to 18-inch plus trout. These trout seem to move in from the stirred up water out on the open grass flats during windy cold periods and get back into these three to six foot cleaner deeper sheltered creeks in just huge numbers. At times this bite was outstanding, with multiple hook ups and baits getting hit on almost every cast.

While fishing an annual six boat trip out of Captiva for two days this past week, all of the captains managed to find some decent action even in the far from perfect conditions. It was interesting to compare notes and see how all of us experienced much better action on day one even while fishing during really strong winds. Although conditions were much calmer and prettier on day two, fishing was noticeably slower due to the high pressure and cooling water temperatures. Midway through day two, the bite just stopped for everyone.

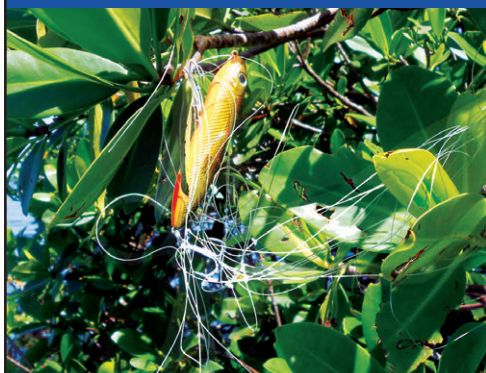
Although I would like to think this is the last cool down we will have to deal with until fall, it's not that unusual to have at least another one or even two more cold fronts pass through late into April if not into early May. This is exactly what happened last year after anglers got to enjoy some great spring tarpon action during the middle of April, then the first week of May we had a major cool down that wrecked our tarpon fishing for over a week. Hopefully, this pattern does not play out this year and this was the last of the bad weather that can bring most fishing to a halt.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✪

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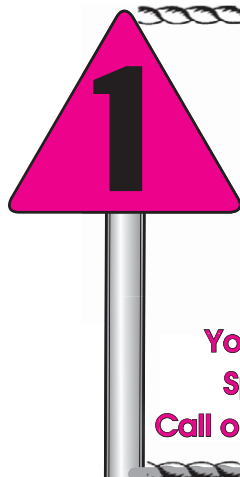
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SCCF Bailey Homestead Hosts Farm To Table Dinner

A beautiful night on the grounds of the SCCF Bailey Homestead Preserve was enjoyed by 102 guests on March 31 at the Farm to Table Dinner in the Bailey Homestead Pavilion, benefiting SCCF's Native Landscapes & Garden Center.

The Sanibel Captiva Trust Company served as the event sponsor. Co-chairs and SCCF trustees Linda Uhler and Sandra Gross worked with local purveyors to provide all the ingredients for a truly farm to table experience. Bailey's General Store sponsored the wines. Participation by chef Frances Kroner was made possible by Sandra Gross, owner of the Sleepy Bee Cafes, where Kroner serves as executive chef. The team collaborated with local island caterer Leslie Adams and her service team.

Guests were welcomed with a glass of Hibiscus Kir Royale (LaMarca Prosecco with Homestead Hibiscus Simple Syrup); the hibiscus used in the syrup was grown at SCCF's Native Landscapes & Garden Center.

With SCCF President Gwenda Hielt-Clements serving as mistress of ceremonies, diners heard from different speakers between courses about the locatarian experience. Hielt-Clements began the festivities thanking The Sanibel Captiva Trust Company, the presenting sponsor. "I think it was a much-needed fundraising success for the Native Landscapes & Garden Center – and that was in no small measure due to the trust company's support," said Hielt-Clements.

Robin Cook, an executive vice president at the trust company, spoke to the crowd about the importance she and her colleagues place on giving back to the community. She said doing so would not be possible without the support of their wealth management clients.

Hielt-Clements thanked Bailey's General Store, and owner Richard Johnson commented that Francis Bailey loved good food and would have been



SCCF President Gwenda Hielt-Clements and Robin Cook, an executive vice president with The Sanibel Captiva Trust Company
photos provided

delighted to see all these good folks enjoying locally grown food at the Bailey family homestead.

The first course was Gulf Shrimp Ceviche with Fresh Shucked Corn, Sea Purslane and Sour Orange; Smoked Mullet with Sour Cherry Mustard (Vegetarian: Savory Purple Carrot Custard and Crostini with Sour Cherry Mustard); with Aromatic Steamed Beets with an Avocado Creme and Spiced Chickpeas. The salad featured Heirloom Tomato with Caraway Dukkah, Leek Sprouts and Carrot Tops. The entree was Smoked Red Wattle Ham with Grilled Sanibel Clams over Heirloom Beans and Local Grilled Vegetables with an Aromatic Roasted Bone Broth (Vegetarian: Shitake, Hen of the Woods and Oyster Mushrooms over Heirloom Beans and Local Grilled Vegetables with an Aromatic Broth), both served with a Brown Butter Scone. Dessert was SCCF Honey Pots de Creme with Strawberries and Candied Citrus. The wines accompanying the courses were Talbott Kali Hart Chardonnay and Pinot Noir, and Louis Martini Sonoma Cabernet Sauvignon.✱



From left, John and Kathy McCabe, Jaye Boswell and Carol Zell



From left, Dick Boehning, Penny Wilkinson, Hollis Jeffcoat and Maureen Watson



From left, Dan and Susan Murphy, David and Jennifer Nichols, Matt Asen and MaryJo Bogdon and Shelley Greggs



From left, Kay Morse, Don and Joyce Rice and SCCF Trustee John Morse



From left, Fred and Susan Ryckman, Kristen Ryckman, SCCF Treasurer Doug Ryckman and Betty and Bob Van Tassel

CROW Case Of The Week:

Northern Mockingbird



by Bob Petcher

The northern mockingbird (*Mimus polyglottos*) has an endless string of songs that appear to run either one after the other or all at once. The thin-bodied gray bird sings nearly nonstop to the point that it may seem like many birds have entered your backyard area.

Interestingly, the songbird not only mimics songs of other birds but the sounds of insects and other small animals. Of the 16 different species of mockingbird, the northern mockingbird is the only one commonly found in the United States.

The mockingbird dines mainly on insects in summer but tends to switch to eating mostly fruit in fall and winter. A good way to encourage a mockingbird to hang out in your yard is by planting fruit trees and bushes. The songbird doesn't visit bird feeders very often.

At CROW, an adult northern mockingbird was admitted to the clinic on March 16. It reportedly suffered a trauma, one that might have been caused by being hit by a car. The bird had a bruised and swollen left eye with corneal edema, a swelling of the thin iris cover.

CROW medical officials stated the injured eye developed a corneal ulcer that was treated with medications. Unfortunately, no medications were successful. After some time in the clinic, the bird's mental activity improved, and it began eating on its own. However, the patient was said to have developed a slight head tilt that was determined to be "an adaptation" caused by the lack of vision in its left eye.

The decision was made to remove the eye to prevent further complications.

"We only remove an eye if we think that it may cause long-term pain, discomfort or be at risk of becoming infected," said CROW intern Dr. Julia Hill. "The cornea of the eye is a protective barrier and, if it is compromised, the bird may eventually get a systemic infection through the bloodstream."

Even with only one eye, the patient is expected to regain strength, be released in the wild and live a productive life. Known as adaptable birds, northern mockingbirds can adjust to seeing out of one eye since they do not have binocular vision.

"The mockingbird probably has not been able to see anything out of that eye since it got here, so it has already had time to adapt," said Dr. Hill. "We will keep it inside for seven to 10 days after the operation to monitor for swelling or discharge at the surgical site, then place it outside for several days to monitor foraging and flight ability. We have already seen that it is capable of excellent flight and navigation with one eye."

CROW doctors are optimistic on the patient's full recovery with the disability.

"In general, we look at a bird's natural history to determine if releasing with one eye is appropriate. Birds that hunt with binocular vision, like hawks, need both of their eyes to be successful," said Dr. Hill. "However, mockingbirds are resourceful and eat a wide variety of foods, including insects, other small invertebrates, fruits, berries and seeds. Their eyes are placed on the sides of their head, so they do not utilize binocular vision. It is also important to consider migration. Studies suggest that songbirds have special magnetic sensors in their eyes to navigate. However, mockingbirds in this region do not typically migrate and can successfully breed and find a permanent home here."



Patient #17-621 after its left eye was removed photo by Brian Bohlman

After the weekend, the mockingbird has continued to make positive steps.

"The patient continues to do well; no swelling or discharge noted from the removed eye," added Dr. Hill. "The patient has also done very well in the hospital, as far as eating on its own and responding appropriately to stimulation. This is a good indication that it has a strong survival instinct that will likely continue once released despite the disadvantage of having only one eye."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Shell Of The Week

Circular Chinese Hat



by José H. Leal,
PhD, Bailey-Matthews National
Shell Museum
Science Director
and Curator

The circular Chinese hat, *Calyptrea centralis* (Conrad, 1841), is a close relative of the more commonly found slipper snails. The half-inch species is a gastropod, albeit one with a cap-shaped, circular shell that could easily be mistaken for a little white clam valve. The shell “aperture,” on the bottom is represented by a sinuous (“sigmoid”), flaring shelf inside shell. The shell color is invariably white. Learn more about local mollusks at <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events

Daily programs are included with paid admission:
Live Tank Talks – Presented by a marine biologist throughout the day.
Mollusk Matinées – Talks presented by staff every Wednesday from 2 to 3 p.m.
Arts & Crafts – 1:30 to 2:30 p.m.
Please check our arrival board in



The circular Chinese hat, *Calyptrea centralis*, from Sanibel Island photo by José H. Leal
the main lobby for updates to daily schedules.
The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Shells Found



Trey Simonson photo provided

Trey Simonson, 11, visiting from Buffalo, Minnesota, found a nice assortment of shells on Captiva Island on April 7. He found one sand dollar and several large shells, with the biggest measuring 13 inches long.*

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Saturday, 10 a.m. to 4 p.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, April 14, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Opossums at CROW (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Friday, April 14, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Florida Snakes (daily presentation).

Of Florida's 46 native species of snakes, 34 are found in south Florida. Snakes play important roles in the natural ecosystems and should be respected rather than feared. They are important predators that help control rodent populations that can spread disease to

humans. They are also important prey for birds, mammals, alligators, and even other snakes. One of CROW's animal ambassadors will be present.

Friday, April 14, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Saturday, April 15, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Baby Care at CROW, presented by a CROW volunteer (daily presentation).

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, April 15, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101 (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Monday, April 17, 11 a.m. to

12:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, April 17, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Opossums at CROW (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Monday, April 17, 2 p.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Monday, April 17, 4 to 4:15 p.m., adults \$10, teens \$5, 12 and under no charge, advance registration required – Speaker Series: Snakes of Sanibel and Captiva, presented by Chris Lechowicz,

director of habitat management and herpetologist for Sanibel-Captiva Conservation Foundation.

Sanibel and Captiva islands are home to over a dozen native snakes (plus one exotic). Many rumors and hearsay about snakes can cause fear in people (sometimes resulting in unwarranted killing of snakes) and cloud the importance of the snake's role in the ecosystem. This lecture will focus on identifying all of the snakes known from the islands, as well as correcting some common misconceptions about snakes. Lechowicz will bring a few live examples of Florida snakes.

Tuesday, April 18, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Tuesday, April 18, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Birds of Prey, presented by CROW staff (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Tuesday, April 18, 2 to 3:30

continued on page 31



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From left, Spencer Pulte, 13, and Barbara Pulte of Hudson, Ohio with Julie Boyd of Sanibel photos provided

Those Delightful Dolphins

submitted by Corky Boyd,
Sanibel resident

The family decided shelling would be great Saturday morning because of the high winds the day before, so we went to Lighthouse Point, my wife's favorite shelling location. As predicted,

the pickings were great – but the real show came from dolphins feeding close to shore.

My daughter asked me to hold her husband's camera so she could wade in the surf to be closer to the action. I didn't bring mine, since photographing people bending over to pick up small shells simply didn't appeal to me. But dolphins trapping a school of fish to feed on 15 feet off the shoreline was irresistible.

It was a photographer's delight.✱✱



Tatum Pulte, 12, and Mike Pulte watching a dolphin in the waters off Lighthouse Point

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2477 Periwinkle Way, 472-1516

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Wednesday from 11 a.m. to 9 p.m., Thursday, Friday and Saturday from 11 a.m. to 10 p.m., and Sunday from noon to 9 p.m. With fresh ingredients, mouth-watering mozzarella, provolone cheese "secret recipe" dough, homemade pizza sauce and family recipe meatballs, Beach Piez will deliver the best pizza the island has to offer.
2441 Periwinkle Way, 472-3224

THE BLUE GIRAFFE

The Blue Giraffe, under new ownership, offers casual island dining for "no wait" breakfast from 7 a.m. to noon daily as well as lunch and dinner seven days a week until 8 p.m. Dine outside in the garden atmosphere of Periwinkle Place or inside at hand-painted tables, inspired by local artists.

The new menu is full of traditional and unique breakfast items, signature burgers, custom sandwiches, fresh and local seafood, salads, steaks, pork and vegetarian options. There is a full liquor bar and various local beers on tap.
2075 Periwinkle Way (Periwinkle Place), 472-2525

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A large mural shows many islanders through the ages – including "Cip" – and if you don't recognize them all, ask to see the "key." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. Try the homemade potato chips, fried buttermilk chicken with sage gravy and snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m.
2055 Periwinkle Way, 472-0223

DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant, famous for its great food and service with plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m.
Doc Ford's Sanibel, 2500 Island Inn Road, 472-8311; Doc Ford's Captiva, 5400 South Seas Plantation Road, 312-4275, Doc Ford's Fort Myers Beach, 708 Fishermans Wharf, 765-9660

DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners.



From left, Pamela Danner, Franck Michel and Kelly O'Connor of Jerry's Restaurant and Deli in Jerry's of Sanibel
photo by Bob Petcher

Featured monthly events include Trivia Night, Karaoke and Themed Dinner Nights. There is a Friday a la carte dinner menu with featured selections each week, such as steak and seafood.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter.
949 Sand Castle Road, 472-3355

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can dine at the Sanibel Marina in view of luxury yachts and fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of fresh seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.
634 North Yachtsman Drive, 472-8138

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva Island's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway. Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner. All seats have a view of the waterfront. Reservations are not accepted.
15183 Captiva Drive, 472-3337

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open Tuesday through Sunday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and

half-priced house wines, domestic beers and well drinks. There is live piano music by Scott McDonald Tuesday through Sunday nights beginning at 7 p.m.
1244 Periwinkle Way, 472-5555

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. **Now serving full liquor island cocktails!** Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m.
2163 Periwinkle Way, 472-0606

ISLAND PIZZA

Island Pizza is named so because it does pizza right. The dough is made daily and the ingredients include fresh produce from local vendors. That is why the "family-owned" restaurant has been voted "the best pizza on the island" from 2009 to 2016. Known as quaint and colorful, Island Pizza has more than 9 years of experience while specializing in home-cooked Italian cuisine. Besides pizza and classic Italian entrees, Island Pizza has a large selection of appetizers and salads as well as wings, calzones and seven choices for kids. Boar's Head deli meats are also served on subs.

Open seven days a week from 11 a.m. until late evening. Lunch is served 11 a.m. to 5 p.m. with buy-one-get-one drafts on happy hour from noon to 5 p.m. Eat in, take out or free local delivery.
1619 Periwinkle Way, 472-1581

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week, including live outdoor entertainment from 5 to 7:30 p.m. and 8:30 p.m. to midnight. Expanded happy hour menu and reduced happy hour drink prices from 5 to 7 p.m. and 10 p.m. to midnight. Dinner reservations are suggested.
1223 Periwinkle Way, 472-1771

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m.
1700 Periwinkle Way, 472-9300

JOEY'S CUSTARD

Joey's Custard is a family owned and operated sandwich, coffee and ice cream shop in Bailey's Center. Owners Joey Almeida and mom Debi Almeida offer fresh-to-order paninis as well as Working Cow ice cream products (custard, yogurt, sorbet, banana splits, sundaes, floats, smoothies, hard and soft serve ice cream) and coffee (five-bean house blend, Tim Horton, espresso, affogato). Try the Beach Box Lunch To Go (add \$2 to any sandwich and get a drink and bag of chips). Ask about BOGO with Island Cinema.

Joey's Custard is open from 10:30 a.m. to 9 p.m. Monday through Thursday; 10:30 to 10 p.m. Friday and Saturday; and noon to 9 p.m. Sunday.
2467 Periwinkle Way in Bailey's Center, 472-7222

MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m.
1200 Periwinkle Way, 472-1998

MUCKY DUCK

Historically known as the neighborhood pub, The Mucky Duck may well be the most famous restaurant on Captiva Island due to its longevity of 40 years in business and quirky name. Then there are the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – as customers sip cocktails and beverages until they can take their seats. Reservations are not accepted. The Duck, serving fresh seafood, pub-style food, sandwiches, steaks and other items, is open for lunch from 11:30 a.m. to 3 p.m. and dinner from 5 to 9:30 p.m.
11546 Andy Rosse Lane, 472-3434

OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m.
630 Tarpon Bay Road, 472-2625

PASTURE & PEARL

Sanibel's newest restaurant, Pasture & Pearl is the latest collaboration from the well-traveled husband and wife team Chef Elaine Dammeyer and General Manager Christian Jegu. Come as you're comfortable for a modern, fine dining experience. The cuisine celebrates locally, regionally, ethically and sustainably sourced ingredients, and wine selections are curated by resident sommelier Kory Lynn. The intimate atmosphere and attentive service evoke the hospitality of a dinner party. The menu offers seasonal vegetarian preparations, fresh, wild-caught and responsibly farmed seafood, and the finest cuts of freely pastured beef, lamb, chicken, duck and rabbit from White Oak Pastures, a 150-year-old, multigenerational farm in Southwest

Georgia, including a custom cut especially developed for the signature dry aged bone-in ribeye.

The Village Shops, 2340 Periwinkle Way, 810-5514

PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Take out, delivery and outdoor dining available.

2496 Palm Ridge Road, 472-2534

ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos and salads. Among the most popular items is Rosie's Famous Cheesesteak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, homemade muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu is also available. Carry out, indoor or outdoor seating. Check out the new menu items for breakfast, served from 8 to 11 a.m. Monday through Saturday and 8 a.m. to 2 p.m. Sunday. Happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine. The ice cream bar has 20-plus flavors of locally made Royal Scoop Ice Cream.

2330 Palm Ridge Road, 579-0807

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

2240 Periwinkle Way, 395-1919

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well.

2330 Palm Ridge Road, 472-2555

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight.

703 Tarpon Bay Road, 472-3128

SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of the fresh salads, Wizard Waffles, classic burger, Mexican plates and indulge in our Indian curry, Vietnamese pho and raw vegan lasagna. Pair your meal with a locally crafted beer, a glass of organic wine or housemade kombucha. The fresh juice bar is brimming with smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of the delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday.

2463 Periwinkle Way in Bailey's Center, 472-4499

SUMMERLIN JAKE'S

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket & chicken and heart-healthy, vegan choices that are locally sourced, hand-selected and artfully prepared. Summerlin Jakes

is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m.

17501 Harbour Pointe Drive, 466-5377

SUNDIAL BEACH RESORT & SPA

Voted Best Waterfront Dining in Southwest Florida. Awarded Best New Restaurant 2016, discover an authentic experience at Shima Japanese Steakhouse & Sushi Bar as your meal is artfully prepared right before your eyes. Panoramic Gulf views await you at Sea Breeze Café where the menu celebrates fresh local produce and seafood. Enjoy breakfast, lunch or dinner on the terrace or dining room, or expertly rolled sushi at the bar. Sanibel's favorite tiki bar, Turtle's Pool & Beach Bar, serves up island favorites at the bar or family-friendly patio. Choose from frosty drinks, signature sandwiches and classic favorites. Visit sundialresort.com/eat for menus, hours and reservations.

1451 Middle Gulf Drive, 472-4151

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m.

703 Tarpon Bay Road, 472-3128

TOTALLY BAKED ON SANIBEL

Totally Baked On Sanibel is the island's #1 source for fresh baked breads, specialty pastries, donuts, cakes, pies, candies and other confections. The unique eatery within Islander Center also offers cof-

fees and breakfast sandwiches. For lunch, daily offerings include off-the-bone, hand-carved meats as well as soups, salads and other specialty items. Wedding cakes are made to order. Open seven days a week 6 a.m. to 5 p.m. Outdoor seating along the bike path. 2407 Periwinkle Way Suite 1, 312-4503

TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium with casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in the place. The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. There's live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

1551 Periwinkle Way, 472-7242

TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested.

3111 West Gulf Drive, 472-4559

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

The Jacaranda has live entertainment Friday and Saturday with DVS. On Sunday, it's Wildfire and Julius and Friends. Renata plays on Monday. On Tuesday, it's Karaoke. Wednesday is the Jerry B. Variety Show. Sir Mitch plays on Thursday.

The Mucky Duck on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday.



Gene Federico performs on Saturday and Wednesday. Mark Dupuy plays on Monday. On Tuesday, it's John McLane.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Barbara Dexter. Dusk plays on Saturday, Sunday and Wednesday. Barbara Dexter performs on Monday. On Tuesday, it's Woody Brubaker. Woody Brubaker and Kathy Buda play on Thursday.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays with Danny Morgan & Friends.




*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandnews.com or 395-2299.**

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Lecture Given On History Of The Caloosahatchee

by Jeff Lysiak

The last Island Voices lecture of the 2016-17 season, sponsored by the Captiva Island Historical Society (CIHS), featured guest speaker Rae Ann Wessel, natural resource policy director for the Sanibel-Captiva Conservation Foundation (SCCF).

The April 5 gathering, held at the Captiva Civic Center, was entitled A History of the Caloosahatchee: The Original Thoroughfare to Our Islands.

Speaking before a crowd of more than 60 islanders, Wessel shared her extensive knowledge about the Caloosahatchee, its importance to early local settlers and its original purpose – transporting people and shipping produce and other products from Southwest Florida to destinations near and far.



Rae Ann Wessel with CIHS board chairman Tom Libonate photos by Jeff Lysiak

According to Wessel, her primary sources of information about the Caloosahatchee came from stories shared by two of her mentors and area residents: Sara Nell Hendry Gran and Charles Edgar Foster, affectionately known by locals as “Old River Rat.”



Rae Ann Wessel, SCCF’s natural resource policy director, delivered a lecture on the history of the Caloosahatchee at last week’s Island Voices event at the Captiva Civic Center

“They both taught me all about the history of the Caloosahatchee,” said Wessel. “I’m so fortunate that they were able to share such amazing stories with me.”

The region’s earliest settlers, the Calusa Indians, lived off the water. Without much agricultural influence on land, they relied upon the river as their primary source of food. In fact, the Calusa constructed the first canals along the Caloosahatchee.

Following the end of the Civil War, people began to migrate to Florida in greater numbers. Without any modern roadways or railroad lines, the Caloosahatchee was the best transportation method available. “Back then, it was a very diminutive, jungle-like river,” Wessel noted.

Modest Cracker-style cabins were constructed with logs from cut cabbage palms along the Caloosahatchee. People used smaller boats and both ferries and steamboats to travel. Early homesteaders were cattle ranchers and farmers who grew sugar cane, planted citrus groves and pineapple plantations.

During her presentation, Wessel shared vintage postcards and historic images of the river, which once had a small waterfall near Lake Flirt. Some photographs depicted steamers transporting pineapples, coconuts and other goods to postal drops, packing houses and commissaries found

along the Caloosahatchee, which would then be shipped via other vessels or by rail.

In an effort to lower the water level of Lake Okeechobee, which had been hit hard by two devastating hurricanes (in 1926 and 1928), with more than 2,500 lives lost, the federal government decided to dredge the Caloosahatchee, connecting Lake O with the Gulf of Mexico.

President Herbert Hoover authorized the construction of a dike to surround the lake as well as the subsequent dredging project.

“People came out of their houses when they heard a sound like they’d never heard before,” said Wessel, showing a picture of a dredging vessel at work along the river. “Little did they know that they would be changing this slice of paradise forever.”

Other images shared during her presentation included steamships chugging along the Caloosahatchee with their cargo, overgrown water hyacinth gardens plus a massive 600-pound, 14-foot long smalltooth sawfish reeled in during a 1923 fishing excursion.

Prior to the start of the lecture, CIHS board chairman Tom Libonate thanked event sponsor The Sanibel Captiva Trust Company, donors Jensen’s Twin Palm Cottages & Marina and Paul Garvey, executive director of the Captiva Civic Association, and all who attended this year’s Island Voices series.✱

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From page 17

Giant Squids

discovered until 2001, the first photo evidence was taken in 2002 and the first giant squid captured on video didn’t come until 2012.”

And while very little remains known about giant squids, even less information is available regarding their cousins: the colossal squid (*Mesonychoteuthis hamiltoni*).

Unlike the giant squid, whose arms and tentacles have only suckers lined with small teeth, the colossal squid’s limbs are also equipped with sharp hooks: some swivelling, others three-pointed. Colossal squids aren’t as long as giant squids, however, their overall girth is substantially greater (weighing in at an average of 2,000 pounds).

“They were only discovered in 1925, when two tentacles were found near Antarctica,” Mensch noted. “And up to 2007, only 10 mostly complete sub-adult samples had been documented.”

On February 22, 2007, a New Zealand

fishing boat caught a female colossal squid that weighed 1,091 pounds and measured 15 feet long. Once the squid was brought before a panel of marine scientists (months later, after it had been frozen for preservation purposes), they discovered that the animal’s beak was smaller than those found in previous examples, found in the stomachs of sperm whales, their primary predator. With an eye circumference of 11 inches, it is the largest eye of any known animal on Earth.

“We know almost nothing about this animal,” added Mensch. “We’ve never even seen the male of this species.”

The final two Mollusk Matinee lectures of the season – The Wildlife of Sanibel presented by Leigh Gay, to be held on Wednesday, April 19, and Florida Fossils presented by Lorin Buckner, to be held on Wednesday, April 26 – both begin at 2 p.m. at the Bailey-Matthews National Shell Museum, located at 3075 Sanibel-Captiva Road. These lectures are free to attend with paid museum admission. For more information, call 395-2233 or visit www.shellmuseum.org.✱



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Sanibel Sea School's Octifest Raises Funds For Scholarships



One of the highlights from last Saturday's Octifest, the Sanibel Sea School fundraiser staged on the Sanibel Causeway, was the live auction co-hosted by Sean Pierce and Nicole McHale. The event raised money for scholarships for students in need. photos by Jeff Lysiak



Carley Todd and Brooke Linn



Live auction co-hosts Sean Pierce and Nicole McHale



From left, Jim Jennings, "Doc" Bruce Neill, Nancy and Pete Bender



From left, Kim and Ron Taverna with Megan Duncan



From left, Robert Hunt demonstrates his telescope with Chris and Jack Heidrick



From left, Al Barr, Bill Haas, Cheryl and Marc Giattini and Edith Barr



Chauncey Goss and Porter Goss



Spencer Richardson and Johnny Rader



Octifest attendees mingling during cocktail hour, which was followed by dinner, trivia and a live auction

From page 24

CROW Calendar

p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, April 19, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101 (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Wednesday, April 19, 12 to 1:30 p.m., \$30 per person, advance registration required – Lunch and Learn with Dr. Barron (hospital tour).

An intimate and engaging discussion with CROW's Hospital Director Dr. Heather Barron. During this program, she describes CROW's role in supporting the interconnectedness of human health, animal health and environmental health. Reservations include a boxed lunch catered by the Sanibel Deli. Program concludes with a tour of CROW's hospital and rehabilitation grounds. Not recommended for children under the age of 13.

Wednesday, April 19, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff (daily

presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Thursday, April 20, 11 a.m. to 12:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, April 20, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Birds of Prey, presented by CROW staff (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Thursday, April 20, 2 p.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.✱



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The Nimrod team is a Premier Sponsor for the 2017 tournament photo provided

Sponsors Named For Tarpon Tournament

The 6th annual “Ding” Darling & Doc Ford’s Tarpon Tournament recently named its sponsors for the May 19 event. Tournament sponsors for 2017 include: Title Sponsor: Doc Ford’s

Rum Bar & Grille; Premier Sponsors: Diversified Yacht Services, Nimrod, Raiser’s Edge; Presenting Sponsors: Mark and Gretchen Banks; Platinum Sponsors: Bella Signs & Designs, Congress Jewelers, *Florida Weekly*, Mabry Brothers, Inc., Suncoast Beverage Sales; Gold Sponsors: Senator Lizbeth Benacquisto, Captiva Diva, Fort Myers Marine, The Historic Bait Box, Island Inn, *Island Sun*, Jensen’s Marina, John Grey Painting,

Law Office of Janet Strickland PA, Lee County Sports Development, Media Source, *Nautical Mile Magazine*, On Island, Organized Chaos, Trophy Case of Fort Myers, VIP Realtors, Whitney’s Bait & Tackle, Don and Ann-Marie Wildman; Silver Sponsors: Anisa Jewelry Designs, Bailey’s General Store, Dex Imaging, Inc., Fort Myers Brewing Company, Gresham Family, Gulf Star Marina, Lighthouse Recovery Institute, Misty Wells’ “Let’s Take It Outside,” Must Do Visitor Guides & MustDo.com, Sanibel Captiva Community Bank, Sanibel Gear, Semmer Electric/Bonita Bill’s Waterfront Café, and Wilbur Smith Attorneys at Law. The “catch, care and release” tournament is hosted by “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). Proceeds will benefit wildlife and conservation education at JN “Ding” Darling National Wildlife Refuge on Sanibel Island. Because the tournament pays out 100 percent of the entry fee (\$500 per boat of up to four) as tournament awards, DDWS raises money exclusively through sponsorships and a silent

auction during the captain’s dinner on May 18 at Doc Ford’s Rum Bar on Fort Myers Beach. The tournament pays homage to the refuge’s tarpon legacy: The first recorded tarpon caught on a rod-and-reel happened in Tarpon Bay in 1885. “The refuge system has a long tradition of mindful fishing, and this event keeps in stride with the refuge’s mission to educate about ethical sportsmanship and resource conservation,” said DDWS Executive Director Birgie Miller. “We thank all of our wonderful sponsors for helping us bolster refuge programs and research to balance federal budget shortfalls.” Last year, DDWS raised \$55,000 for the refuge as a result of sponsorships, donations and auction proceeds. In its five years of existence, the tournament has raised nearly \$250,000. For more information on the tournament, visit www.dingdarlingtarpontourney.org. To learn about becoming a sponsor or donating an auction item, call Birgie Miller at 292-0566.✱

Cruises Offered To Tarpon Lodge, Calusa Mounds

Captiva Cruises’ newest expedition in its Discover Southwest Florida History tours focuses on the fishing cultures of Pine Island Sound. A Thousand Years of Fishing encompasses fascinating characters and traditions. This cruise will be offered just a couple more times this year and then commence again next fall. Departing at 10 a.m. on the next couple of Tuesdays from McCarthy’s Marina on Captiva, this cruise will travel to Pineland on Pine Island. Along the way, passengers will get an up close look at historic fish houses of Pine Island Sound and discuss the area’s diverse fishing cultures from the indigenous Calusa, to Spanish Cuban Ranchos, to the Punta Gorda Fish Company and to the spectacular Tarpon and sport fishing of today. Guests will be greeted at The Tarpon Lodge and passengers will be oriented to this unique location, the family-run business and its storied

tradition of fishing within Pine Island Sound and Charlotte Harbor. Passengers then take in the “old Florida” charm of the 1926 Tarpon Lodge, where lunch will be served overlooking Pine Island Sound and mangrove islands. After lunch, passengers have the opportunity to take a guided walk on The Calusa Heritage Trail at The Randell Research Center (RRC). An RRC educator will guide guests on The Calusa Heritage Trail to one of the pre-Columbian mounds of the ancient Calusa while elaborating on this unique fishing culture. This cruise to Pine Island occurs on the next two Tuesdays and departs at 10 a.m. from McCarthy’s Marina on Captiva, returning at approximately 3 p.m. Captiva Cruises also offers cruises to Cabbage Key, Useppa Island, Boca Grande, Beach & Shelling excursions to Cayo Costa State Park, Sailing Adventures, Sunset Cruises, and Dolphin Watch & Wildlife Adventures with the Sanibel-Captiva Conservation Foundation. For reservations, call Captiva Cruises at 472-5300.✱

Come Join The Fun

The Sanibel Community House is at it again. The monthly Pot Luck dinner and speaker series (always on the last Wednesday of the month) will be April 26th, 6P.M. Everyone is welcome, no reservations required. Bring a salad, vegetable, meat dish, dessert or appetizer to share. Water, plates, silverware till be furnished. BYOB if needed. The highlight of the evening is our excellent speaker. This month the speaker is Betsy Eiden talking about the Sanibel-Cuba Connection (about food). Meet new and old friends and have an enjoyable, educational and entertaining evening.



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Fish Caught



Doug Brown

A nice redfish was caught and released by Doug Brown of Rumson, New Jersey while on a fishing excursion with Capt. Jason Marsh on April 1. Brown was visiting and fishing with John Ryan of Sanibel. The pair caught snook, trout and mangrove snapper during their outing.*

Shell Found



Ellen and Charles Parke photo by A. Ziehl

Ellen and Charles Parke from Green Bay, Wisconsin found a junonia in front of Sanibel Arms West, where they were staying. Ellen said the couple stayed a month on Sanibel Island and biked over 600 miles.*



The Ferris family with their Mickey Mouse sand sculpture

photo provided

Disney-Inspired Sand Sculpture

Inspired by a Walt Disney World trip celebrating his parents' 45th anniversary, Todd Ferris and his family from Zionsville, Indiana sculpted Mickey Mouse on the beach at Gulf Shores on April 5.*

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The Lily Starfish photo provided

Exclusive Gurhan Pendant, The Lily Starfish

Lily & Co. Jewelers has introduced its exclusive pendant, The Lily Starfish, by renowned designer Gurhan. The pendant is set in Gurhan's signature hand-hammered 24k gold, features a natural white druzy stone and is handcrafted in Gurhan's workshop for impeccable quality.

"We are elated to introduce this gorgeous piece by Gurhan, who is a brilliant designer and has become a good friend. We always enjoy his visits

to our island store," said Dan Schuyler, who owns Lily & Co. with Karen Bell. "It's truly an honor to have Gurhan create this unique pendant for Lily & Co."

Gurhan, a world traveler, has visited some of the most spectacular and exotic places on the globe. Yet, every year when he visits Sanibel Island, he is struck by the natural beauty and the feeling that washes over him when crossing the causeway. He often refers to Sanibel as one of the prettiest places in the world.

"Because of the warm welcome I receive on my visits, I am thrilled to create this exclusive collection just for Lily & Co.," said Gurhan. He has developed a close bond, not only with the Lily team, but with the many wonderful clients he has worked with throughout the years. "So, to celebrate this relationship, I wanted to present a special design that is symbolic of the island's idyllic setting," he said.

The natural druzy is a beautiful stone that Gurhan has been working with more and more over the past year – mostly because of its incredible versatility and inherent beauty. "It's available in several colors, including black and silver, but one look at the white druzy used in the starfish collection and you are instantly reminded of warm sand, gold and glittering sun," said Gurhan.

The Lily Starfish blends beautifully with the Gurhan collection that guests will find at Lily & Co., located at 520 Tarpon Bay Road.*

March Photo Contest Winner

The winner of RS Walsh Landscaping's March photo contest is Sue Schaller. The theme of the contest was "Palm Trees." Submitted photos were posted on RS Walsh's In The Garden Facebook page and at the company's Sanibel garden center. Visitors to the Facebook page and the garden center were able to vote on their favorites. Schaller's photo of a palm tree on the causeway just after sunrise received the most votes. She will receive a \$50 gift certificate to In The Garden. Honorable mentions go to Evelyn Garcia, Laurie Hafener, Cheri Hollis and Karl Werner.

The April contest theme is "On the Beach" and the deadline for submissions is April 20. Submissions should include the photographer's name, phone number, location of the photo and a short story behind the photo. Up to five photos per person are allowed. Submissions can be sent via email to inthegarden@rswalsh.com.



Palm tree on the causeway photo by Sue Schaller

Voters can visit In The Garden or the In The Garden page on Facebook to vote. Each month, the winning photo will appear in local newspapers and the photographer will receive a \$50 gift certificate to In The Garden – Sanibel's Retail Garden Center and Outdoor Showroom.

RS Walsh In The Garden – Retail Garden Center & Outdoor Showroom is located at 3889 Sanibel Captiva Road, across from The Sanibel School, and is open Monday through Friday from 10 a.m. to 4 p.m. and on Saturday from 9 a.m. to 1 p.m. For more information, call 395-5859 or visit www.rswalsh.com.*

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Rita Tarr McLain with her painting *Sanibel**I'm Tellin Ya* by Jan Rutledge

photos by Anita Force Marshall

Sanibel Inspired Art On Exhibit At Library

submitted by Anita Force Marshall

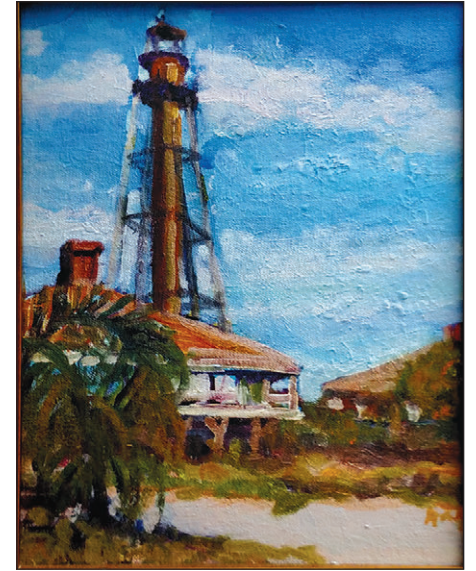
Sanibel Inspired is the theme of the April art exhibit, sponsored by Sanibel Captiva Art League (SCAL) and showing at the Sanibel Public Library throughout the month. The exhibit features paintings by local artists and depicts all the places and

things that make Sanibel special. Under the guidance of SCAL volunteer library exhibits coordinator Rita Tarr McLain, the exhibit was hung by Sanibel Captiva Art League members Jim Storer, Anita Force Marshall, David Bollinger and Lynn Quigley.

"It's a themed show with paintings concerning all things Sanibel," said Rita Tarr McLain, "You will enjoy paintings

depicting different landmarks in Sanibel from beach paths to lighthouses to palm trees to iconic buildings."

The award-winning Sanibel Public Library is very community minded and has always welcomed the art league to exhibit paintings, which are changed out each month. Award-winning artist Rita Tarr McLain has been a dedicated SCAL volunteer who has directed her

*Sanibel Light* by Nory McNelis

"library hanging team" each month for more years than she can recall.

"I have always embraced design and was the director of a gallery in the Virgin Islands, where I began my love hanging and arranging art," added Tarr McLain. "I try to hang the paintings in a pleasing design, so that each individual painting stands out for the viewer to appreciate each one on its own merit and talent."

All exhibits are free to attend and the artwork can be purchased.

The Sanibel Public Library is located at 770 Dunlop Road. For more information, visit www.sancapart.com.✧

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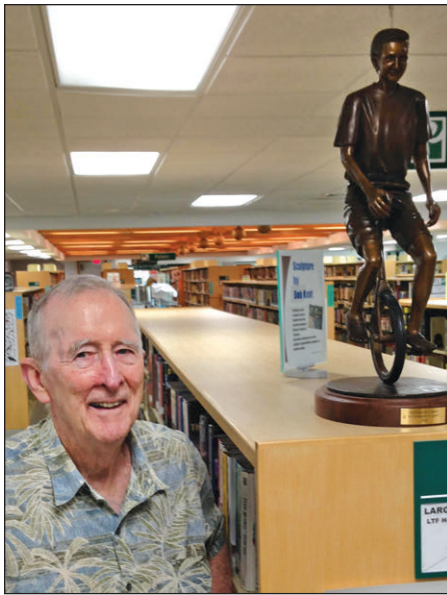
Programs At Sanibel Public Library

Sanibel Public Library's upcoming programs can be found on the library's website calendar at www.sanlib.org.

Three bronze figures by Bob Kent of Sanibel are on display at the library during the month of April. They were created in wax then bronzed at Bronzart Foundry in Sarasota. Each sculpture depicts a family member engaged in a favorite activity. His wife Joan is shown playing tennis. The sculpture was created to commemorate her victory in a doubles tennis tournament. His daughter Kate, who has a black belt in karate, is shown mid-kick. His grandson Jefferson is depicted riding a unicycle.

The Sanibel Historical Museum and Village is displaying antique children's quilts and toys at the library. There is also has an exhibit of paintings by members of the Sanibel-Captiva Art League.

The library's weekly youth programs run through Saturday, May 13 with the Third to Fifth After-school Clique on Tuesdays at 3 p.m. There are two "all ages" storytimes on Wednesdays at 10 a.m. and 1 p.m. The K-2 After-school Crew is Thursdays at 3 p.m., snacks provided. Bessie the READ dog is at the Library on "rain-free" Thursdays at 4 p.m. The weekly schedule can be



Bob Kent with one of his bronze sculptures at Sanibel Public Library photo provided

found on the calendar at www.sanlib.org. If you have any questions, contact Youth Services Librarian Deanna Evans at devans@sanlib.org or call 472-2483 ext. 201.

Readers are invited to come in to the library for the Wednesday, April 26 book discussion to talk about *My Name is Lucy Barton* by Elizabeth Strout. Meeting begins promptly at 2 p.m.

On Thursday, April 27 at 6 p.m., FISH of SanCap and Fifth Third Bank present Prepare to Become a Home Owner, a financial literacy workshop. RSVP to Kathy at FISH at 472-4775.

The public is invited to these library programs. There is no additional cost to participate.

Sanibel Public Library cards are available to all residents of Sanibel and

Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information about the Sanibel Public Library, call 472-2483 or visit online at www.sanlib.org.

BIG ARTS Corner

Workshops And Seminars

Unleash your creativity, expand your horizons and meet terrific people. Workshops and seminars at BIG ARTS include:

- Pottery Open Studio, non-instructed (Intermediate/Advanced), by Jerry Edelman, Mondays, 9 a.m. to 4 p.m., through April 24.

- Constructing the Human Figure in Simple Forms by Francesco Gillia, Mondays, 1 to 3:30 p.m., through April 24.

- Instructed Life Drawing by Francesco Gillia, Mondays, 9:30 a.m. to 12 p.m., through April 24.

- The World's Second-Most Famous Detective by Aaron Cohen, Tuesdays, 9 to 10:30 a.m., through April 25.

- Adult Tap Workout by Bobby Logue, Tuesdays, 12 to 1:30 p.m., through April 25.

- Bamboo Pen & Ink with Basic Drawing and Art Journaling by Linda Benson, Wednesdays, 10 a.m. to 12 p.m., through April 26.

- Oil Painting: Make It and Take It, by Linda Benson, Wednesdays, 2 to 4

p.m., through April 26.

- Glass Fusing by Petra Kaiser, Wednesdays and Thursdays, 9:30 a.m. to 12:30 p.m., through April 27.

- Acrylics for Beginner and Intermediate Painters by Jane Hudson, Fridays, 9 to 11:45 a.m., through April 28.

- Intermediate Tap by Bobby Logue, Fridays, 9 to 10:30 a.m., through April 28.

- Life Drawing, non-instructed open studio, by Carol Rosenberg, Fridays, 9:30 a.m. to 12 p.m. and 12:15 to 2:45 p.m., through April 28.

- Pottery on the Wheel by Kelly Flaherty, Tuesdays, 3 to 6 p.m., April 18 to May 23.

- Clay, Sculpting, Ceramics & Pottery on the Wheel by Marjorie Bronsted, Wednesdays, 3:30 to 6 p.m., through May 3.

Visit www.bigarts.org or call 239-395-0900 to learn more about BIG ARTS.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. For complete course descriptions and the full season's workshops and seminars schedule, visit their website www.bigarts.org/workshops, or email info@bigarts.org.



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Potluck Guests Get A Lesson On Fresh Seafood



Ron Rich and Sally DiVenere

The Community House Potlucks have begun and will continue on the fourth Wednesday of every month, schedule permitting. Recently, Ron Rich of the Lazy Flamingo shared



Ron Rich and Billy Kirkland

his knowledge on shrimp and other local seafood. While guests sampled freshly cooked shrimp, Rich explained the importance of fresh shrimp, mussels and other shellfish. Guests were intrigued to hear about the variety of shrimp from near and far that is served at the Lazy Flamingo. Members in the audience were heard saying, "Let's have him back, we need to know more."

The next potluck will be held on Wednesday, April 26 at 6 p.m. with Betsy Eidem discussing Cuban cuisine.✱

Swim Lessons At Rec Center

Sanibel Recreation Center will host the Spring B Session of American Red Cross Youth Swim Lessons on Mondays and Fridays from Monday, April 17 through Monday, May 8.

Improve your child's comfort level and abilities in the water. Group lessons are offered for youth starting at 6 months of age. Registration is on a first come, first

serve basis. Cost per session for Sanibel Recreation Center members is \$55; \$73 for non-members. Any accompanying non-members must present a valid photo identification at front desk. A class schedule with detailed lesson information is available at the center's front desk.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly and annual memberships are available. For more information, requirements and class options, call 472-0345 or visit www.mysanibel.com.✱



Students sampled their homemade creations and shared cooking tips

photo provided

Children Experience The Art Of Cooking

Recently, 19 students from the Special Kids homeschool program participated in a cooking class in the new Culinary Education Center at

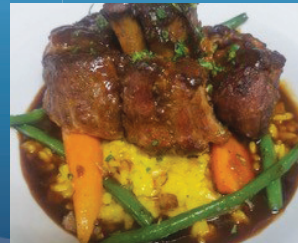
The Community House.

Under the direction of resident chef Jarred Harris, children learned to make ratatouille and spinach brownies. They learned to properly cut everything from garlic to fennel bulbs and then cooked the stew to perfection.

The students gathered at the table to talk about their new culinary skills, and they all ate their vegetables.✱

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BIG ARTS Film Director Series

How To Steal A Million



by Sid Picker
Starting at noon on Wednesday, April 19, at the Island Cinema, BIG ARTS continues with the fourth and final film in this year's Director Series featuring William Wyler.

The film *How To Steal A Million* is a combination romantic comedy/crime caper film set in Paris, starring Audrey Hepburn and Peter O'Toole. A charming sunshine of a film in glorious color, *How To Steal A Million* shows off one of the neatest museum heists ever engineered in the City of Light. O'Toole woos Hepburn as she improbably engages him to steal her father's statue from a Paris art exhibition in one of the drollest comedies either have ever made. Hugh Griffith plays Hepburn's art forging father whose hide the heist is intended to save. O'Toole's comic timing is flawless and Hepburn proves as charming a romantic heroine as she was in *Roman Holiday*, her first film for Wyler.

In keeping with the underlying theme of good-to-greedy in the four films chosen for this year's Wyler series, *How*



To Steal A Million uses comedy rather than drama to paint its characters in varying shades of saints and sinner. No one is black or white as bad and good are effectively, and delightfully integrated in the personality of every character in the film. It's a charmer which ranks a flat-out 100 percent on the Rotten Tomatoes scale.
Tickets are \$5 and available at BIG ARTS, located at 900 Dunlop Road, and the day of the film at the cinema, located in the Bailey's Shopping Center. A discussion follows the film.*

BIG ARTS Monday Night Film Series

Standing Tall

by Di Saggau



The BIG ARTS Monday Night Movie for April 17 is *Standing Tall*, a French drama about a troubled teen who finds himself shuffled around the French system while social workers attempt to help him find his path in life. Director Emmanuelle Bercot shows it takes the entire juvenile justice system to raise a child and ensure that no child gets left behind. Much depends on the look of utter helplessness and confusion on young Malony's face, as seen in the opening scene. His birth mother has declared him a "little monster."

A group of dedicated workers try to rescue the teenage Malony from a rotten past, a lousy future, and his own hair-trigger temper. We first meet him as a cute, terrified 6-year-old, abandoned by a mother who loves him in her way but is hardly more than a child herself. Malony bounces between foster families and juvenile courts, running wild with only a compassionate judge (Catherine Deneuve) standing between him and adult prison. Deneuve is a magistrate, on the verge of retirement, who knows the deck is stacked against Malony. She's helped by a caseworker who pulled himself up from the gutter. They steer the boy to a residential home where he struggles with other kids as volatile and vulnerable as he is.

We see the little steps forward and the helpless backsliding that hold this frequently unlikable youngster captive.



While the film remains undecided about how Malony's life will turn out in the end, we see a young man who is transformed by the years support counselors have spent on his case. Bercot's inspiration to make the film came from an uncle who worked coaching delinquent youngsters. He also spent long hours observing juvenile coaches and judges. The research shows in its dramatic detail. *Standing Tall* runs 120 minutes. Heidi Keevins will lead the discussion.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Sponsors are June Rosner and Russ Bilgore, Stan and Visnja Gembicki, Hyde Tucker, Penny Wilkinson and the *Island Sun*.
BIG ARTS is located at 900 Dunlop Road. Tickets available at www.BIGARTS.org, at the door or by calling 395-0900.*



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Book Review

The Sleepwalker

by Di Saggau



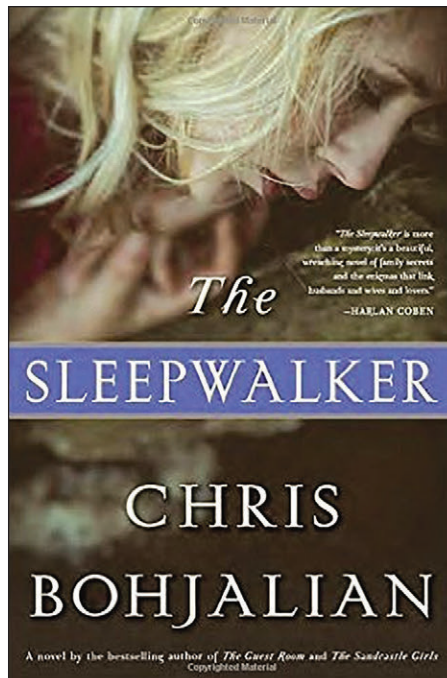
Chris Bohjalian's thriller *The Sleepwalker* has several provocative ingredients, including sex, secrets and the mysteries of sleep. The novel is dark and features two beautiful icy

blondes reminiscent of those found in many Hitchcock films. The story centers on the death of 47-year-old Annalee Ahlberg, the mother of two and a chronic sleepwalker. Evidence leads us to question how she ended up drowned in a river near her Vermont home.

Annalee, is what's known as a "sleep sexer." The things you can learn while reading a good book. She rises from her sleep, and when her husband isn't home, she wanders into the neighborhood. Her husband Warren was at a conference the night she disappeared. So who murdered Annalee is the question we ask of the author.

The book is mostly narrated by Annalee's 21-year-old daughter Lianna, the other icy blonde. The novel tells the tale of a grieving family searching for answers. Warren hides his pain with alcohol. Paige, Annalee's younger daughter, spends her days looking for her mother, and Lianna starts a creepy relationship with a 33-year-old detective who is investigating her mother's disappearance.

As she peels back the layers of mystery surrounding Annalee's disappearance, she wonders why the detective knows so much about her



mother. Even though Lianna suspects her mother and the detective were having an affair, she still gets involved with him.

Bohjalian steeps his drama in the world of sleepwalking and the science of the disorder. In an interview, he said he was surprised to learn in one study that in nine cases of sleep-related violence, there were four acquittals when sleepwalking was the defense.

Sleepwalking is a condition experienced by millions, and Bohjalian dives deep into this world in his new mystery. Like many of his novels, this one ends with a surprising and most satisfying twist. Best selling author Harlan Coben said, "*The Sleepwalker* is more than a mystery: it's a beautiful, wrenching novel of family secrets and the enigmas that link husbands and wives and lovers. And then that ending? Devastating and perfect." ❄️

School Smart

by Shelley M. Greggs, NCSP



Dear Shelley, What do you think about the later school times that are being talked about for high school kids? Is there any proof that they help? We already

have so many scheduling problems at our house, so I want to know if this is something that is really good for my kids and if I should find a school that starts later.

Brandi K, Cape Coral

Brandi,

This is a complex issue. It's clear from the research that later start times are better for adolescents, but there are many other concerns. As we know for many generations, being an "early bird" was considered a positive behavior, but as more has been discovered about adolescent sleeping patterns, this general wisdom is being debated. Many districts are now questioning why their high schools have such early start times.

The American Academy of Pediatrics, in a 2014 report, urged high schools and middle schools nationally to aim for start times that allow students to get an optimal 8.5 to 9.5 hours of sleep each night. Last June, the American Medical Association issued a policy statement encouraging schools to start no earlier than 8:30 a.m. and last month, the *Journal of the National Sleep Foundation* issued findings that start times later than 8:30 a.m. improved attendance and graduation rates.

Some school leaders have been persuaded by growing evidence that more sleep for teens translates into better academic performance, fewer car crashes and less depression. In fact an Emerson Middle School in Davis, California with a later start time reported that morning attendance improved, and tardies fell in the first semester of implementation by nearly 25 percent. Students are reportedly eating better and say they are more relaxed during the morning hours.

California State Sen. Anthony J. Portantino said he believes there is enough evidence in the medical and sleep arenas to merit changes. Last month, Portantino introduced Senate Bill 328 to shift start times to no earlier than 8:30 a.m., for middle and high school students statewide.

"As we look at education reform, this is a very simple way to improve test scores, improve student health," Portantino said. "All the data show attendance increases, graduation rates increase, drug rates fall, automobile crashes go down. With all these positive benefits, it seems to me that it would be irresponsible of us not to move start times. As we look at education reform, this is a very simple way to improve test scores, improve student health."

What happens in California is important for education in general, as California is often considered a leading state in educational reform and sets the pace and standard for other states looking to make changes.

Despite these many positive benefits from having a later start time for school, opposition to this issue has been heard from both parents and school districts. The shift could be very costly as districts would need to negotiate the changes as part of teacher contracts, bus transportation costs could rise as well. Clearly, at least initially, there would be conflicts with after-school activities and sports scheduling. Teams that normally play games right after the

traditional school day may miss more class time in a later model. Practices and activities would be scheduled later into the evening, thus pushing family and homework time even further into the night.

So while it seems that a move to a later start time for adolescents has clear physiological, educational and possibly psychosocial benefits, it also could create myriad other concerns to address.

Districts will need to study this issue very carefully before they make such a change. Following the research from what happens in California may provide a good model for other states' school systems to follow.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication. ❄️

Art And Poetry At Davis Art Center

Gulf Coast Leisure's Art & Poetry Networking Events showcase the best art, music and poetry Southwest Florida has to offer. Artwork of every media type is represented, such as music, spoken word, poetry and crafts.

Network with like-minded people and expand the Southwest artistic community at the next Art & Poetry Networking Event on Friday, April 21 at 8 p.m. Tickets are \$10 per person.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District.

Visit www.sbdac.com for more information and tickets. ❄️





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SanCap Cares Celebrates 17 Years Of Success

The annual SanCap Cares Island Celebration was held last Sunday evening at The Sanctuary Golf Club. Over 250 members of the Sanibel and Captiva communities joined together to raise over \$700,000 for the new Golisano Children's Hospital (GCH). Susan Ryckman, vice president of patient care services at GCH said, "I am forever grateful and amazed by the generosity of the Southwest Florida community, helping us do what we are trained to do to take care of the most important people in the world, our kids."

With the new hospital opening on May 10 of this year, the group's priority has now moved to outfitting the new facility with state-of-the-art equipment and instruments. Specifically this year, the event raised funds to outfit a new pediatric orthopedic operating room. The hospital agreed to fund the balance of the \$1,400,000 operating room if SanCap



SanCap Cares 2017 Committee

Cares could raise \$700,000. This will ensure that the children of Southwest Florida can stay close to home when they require complex surgery. As a surprise at the event, Skip Leonard, CFO of Lee Health Foundation, announced that the new OR will be named "Amanda's Room" in honor of SanCap Cares co-founder and

photo by Carol Orr Hartman

champion Amanda Cross.

Co-chairs Valerie Tutor and Diana Day, along with Honorary Chair Amanda Cross, began the evening by thanking everyone for their incredible support of the hospital. Tutor served as this year's emcee and Jean Baer acted as auctioneer. Jim Nathan, president and CEO of Lee Health, and Jim

Sprinkle, world-renowned sculptor, served as Baer's sidekicks and captivated the audience with their antics.

A highlight of the evening was the auctioning of Jim Sprinkle's sculpture, *Ding's Darlings*. The spectacular three-foot tall life-size sculpture was commissioned in 2001 and depicts the courtship dance of two tri-colored herons. The piece was generously donated by former Sanibel islanders Dewey and Brenda Tate, and the exciting \$115,000 winning bid is to be split evenly between the Golisano Children's Hospital and the "Ding" Darling Wildlife Society.

The Sanibel Captiva Trust Company was the event's Presenting Sponsor, as they have been for the last 14 years. The evening represented that which is so special about Sanibel and Captiva – neighbors coming together in support of a cause that will benefit the entire community. With this year's funds, SanCap Cares has raised over \$14 million since its founding in 2001.

For more information, visit www.SanCapCares.org or contact Ali Levine at 984-1381 or SanibelCaptivaCares@gmail.com.

more photos pages 18B and 19B

Searching For Shell Fossils



Hunting for fossils

On April 1, 20 members of the Sanibel-Captiva Shell Club headed inland instead of toward the beach in a search for seashells. Once a year, Gary Schmelz, PhD, and Glen

photo by Kelle Covington

Stacell, MS, guide shell club members on a fossil-hunting field trip. Dr. Schmelz obtains permission to bring small groups into areas that are mined for sand and

continued on page 6B



Family activities will include the reading of *One Tiny Turtle* and recycled nature crafts

photo provided

Family Programs Planned For Earth Day At Refuge

Bike or hike Wildlife Drive for free, watch a free film, and take advantage of free programs at this year's Earth Day at the JN "Ding" Darling

National Wildlife Refuge on Saturday, April 22.

The refuge will celebrate the 47th anniversary of Earth Day in partnership with the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The day's highlights include an Earth-friendly Family Story & Crafts featuring the reading of *One Tiny Turtle* and

continued on page 8B

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Grampy's Charities Sponsors Trailways Camp Reunion And Party



From left, Bob Risch, Sharon and Jerry Miller, and Jonatha and Jim Castle photos provided

Trailways Camp, founded by Sharon and Jerry Miller in 2012 on Sanibel, serves adults with special needs and provides respite for their families. The camp, located at Riverside Camp and Retreat Center in Alva, Florida, provides three one-week camping experiences each year. Camp activities include fishing, swimming, canoeing, horseback riding, outdoor games, arts and crafts, dancing and a talent show.

The Millers' special needs son, Benjamin, was honorary chairman of the Trailways Camp reunion and birthday party held last Saturday at The Community House. Benjamin will be 42 in May. The reunion includes all prior

continued on page 10B



Susen Berg, president of Captiva Chapel by the Sea, with Benjamin Miller at the dance



Debi Almeida, president of the Sanibel-Captiva Lions Club, dancing with campers

Thomas R. Louwers, M.S.T.

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Snowbird Volunteers Will Be Missed

submitted by FISH of SanCap

"So long, farewell, auf Wiedersehen, goodbye. I leave and heave a sigh and say goodbye."

Sadly, it's that time of year again when FISH of SanCap must bid adieu to its seasonal volunteers.

"We cannot thank you enough for sharing your time with us while you were here and hope you know the positive impact you made on the lives of so many of our island neighbors. We could not, and cannot, complete the significant work we do without your energy, enthusiasm and compassion," said Lyn Kern, FISH office and volunteer manager. "Our volunteers are the lifeblood of FISH, and without you, we could not operate at the level that we do. During the summer, we continue to provide our services with a skeleton crew of available volunteers, and it 'ain't easy' (yet we do it). We already can't wait for your return."

As volunteers and others get ready to go back north, please consider dropping off unopened, unexpired, non-perishable food items to the FISH Food Pantry. Drop off hours are Monday through Friday from 10 a.m. to 4 p.m. There is also a bin located outside the



Some of the generous FISH of SanCap volunteers

office, located at 2430-B Periwinkle Way, for non-business hour drop off. Perishable items, such as milk, yogurt,

butter, meats, etc. may be dropped off only during business hours. For more information, call 472-4775.✧

photo provided

Optimists Offer College Scholarship

The Sanibel-Captiva Optimist Club will grant one four-year college scholarship to a 2017 graduating high school senior. The new scholarship replaces one of the current six (since one current scholarship recipient is graduating college). Each scholarship is \$2,000 per year (\$8,000 total). The competition for the scholarship is open to all seniors graduating from high schools in Lee County in 2017.

Application forms are available at all Lee County high schools (see your school's guidance counselor), at Bailey's General Store and at Sanibel Café, both on Sanibel, and on the SanCap Optimist Club's website (www.sancapoptimist.org). Additional information is available by email at sancapoptimist@comcast.net or from Stan Howard at 472-0836. Scholarship applications must be postmarked no later than Wednesday, June 7. The scholarship committee plans to make the final decision by the end of June.

Applicants should be aware that academic records, financial need, extracurricular activities, civic/community service records, and references are integral parts of the selection criteria. The application package provides exact procedures.✧

Hoppy Easter...!

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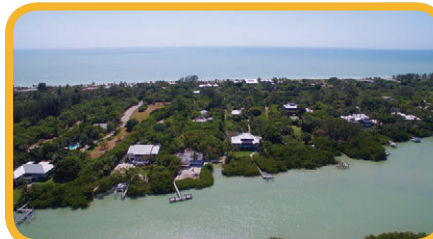
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Resort Contributes \$5,000 To 'Ding' Darling



Maintenance Manager Rory Ode and General Manager Kari Cordisco from Sanibel Moorings resort photo provided

Maintenance Manager Rory Ode and General Manager Kari Cordisco from Sanibel Moorings resort present the “Blue Goose” – the mascot for JN “Ding” Darling National Wildlife Refuge – a check for the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) in the amount of \$5,000. The funds represent Sanibel Moorings’ annual contribution to DDWS as a new Guest Contribution Program (GCP) partner. Other businesses interested in participating in GCP should contact Birgie Miller at 292-0566 or email director@dingdarlingsociety.org.✱

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Night For Life Benefit April 17

The Night For Life 10th anniversary fundraiser will be held at the Broadway Palm Dinner Theatre in Fort Myers on Monday, April 17 from 5 to 9 p.m. The annual fundraising event is sponsored by the Organ Transplant Recipients of Southwest Florida, Inc. to benefit local organ transplant patients and those on the transplant waiting lists. This event also raises awareness about organ donation. An average of 22 people die each day in the U.S. due to a lack of available organ and tissue donors.

Entertainment this year includes the popular local band 41 South. Tickets are \$35 per person, \$50 for VIP seating and include a buffet dinner, program, entertainment and the popular silent and Chinese auctions. Doors open at 5 p.m. Auctions run from 5:30 to 8 p.m. and the dinner buffet is from 5:30 to 7 p.m.

Auction items are only a bid away. Take a private boat trip to Useppa Island for up to eight people; tour the San Carlos Island Shrimp Fleet docks, which includes a family membership to the Ostego Bay Marine Science Center; or feast on two “wild pink shrimp” dinners while taking in the panoramic view of Matanzas Pass. Bid on gift certificates from Southwest Florida’s

most popular restaurants in Fort Myers, Sanibel Island, Cape Coral, Fort Myers Beach and San Carlos Island. Or place your best bid on jewelry, gift baskets, art from local artists, signed books by popular authors, tickets to area attractions, sporting event tickets, rounds of golf, and many other items.

Sponsors for this year’s event includes Diamond Sponsor: Lee Health; Gold Sponsors: T&T Accounting, Kwik Kopy, Surgical Specialists, Associates in Nephrology; Silver Sponsors: Craig King Accounting, Family Thrift Center, The Cedar Chest Fine Jewelry, Cape Coral Irish American Club, Davita, LifeLink, Greg Allman; Bronze Sponsors: Mark Hambling, Edward Jones; Centre Pharmacy, Service Master by Wright.

For tickets, call David Weinstein at 560-3401. To become a sponsor or if you are interested in donating an auction item, call 247-3073. For more information, visit www.organsupport.org or the Facebook page at www.facebook.com/pages/Organ-Transplant-Recipients-of-SW-Florida-Inc/456165927762457.

For more information about Organ Transplant Recipients of Southwest Florida, contact www.otrofsfwl@gmail.com. To find out more about registering to be an organ donor, visit www.donatelifeflorida.org/register.✱

From page 1B

Shell Fossils

shells used for road fill. “Florida has an abundance of well-preserved fossils,” Dr. Schmelz explained. “Almost anywhere mining activities are undertaken, you are likely to discover the remains of prehistoric animal life. Since most of the south Florida peninsula was under water until the last ice age (approximately 20,000 years ago), the vast majority of the fossils that are found belong to marine animals. Most are fossil seashells, but barnacles, sea biscuits, sand dollars and fish remains can be found.” The fossils that the club members found belong to the Pleistocene Epoch and are approximately 1.2 million years old. Some of the species are extinct, but most of the fossils found have living counterparts in the Atlantic Ocean and the Gulf of Mexico.✱



Shell fossils photo by Kelle Covington

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SCCF event producer Jeff Siwicke (back left) with Marty and Brenda Harrity, Mark Marinello and some of the Doc Ford's team photo provided

Doc Ford's Joins Beer In The Bushes Sponsors

Doc Ford's Sanibel Rum Bar & Grille has signed on as a band co-sponsor for the 6th annual Beer in the Bushes fundraiser. They are joined by Jensen's Twin Palm Resort and Marina and Kingfisher Vacations

in bringing this year's musical talent to Sanibel. "We could never have brought this caliber of talent to the event without the generosity of our three exceedingly generous band co-sponsors," said SCCF's Jeff Siwicke, creator of the event. The headliner this year will be G. Love & Special Sauce. The outdoor event for guests age 21 and older will be held Saturday, April 15 from

6 to 10 p.m., rain or shine. Local microbreweries will be offering tastings of their finest craft beers. Sanibel's own Catering by Leslie Adams will coordinate local food truck offerings to complement the beer tastings. All tickets include \$10 in TruxBux, redeemable for dinner choices from any of the trucks. The event takes place at the SCCF Nature Center. For the first time, Beer in the Bushes will have 10 microbreweries offering tastings of their best craft beers. Beer samples will be provided by Point Ybel Brewing Company, Cape Coral Brewing Company, Eight-Foot Brewing, Momentum Brewhouse, Naples Beach Brewery, Palm City Brewing Co., Bury Me Brewing, South Cypress Brewing,

Fort Misery Cider Company and Millennial Brewing Company. Beer in the Bushes is made possible thanks to support from The Sanibel Captiva Trust Company as Presenting Sponsor as well as many other sponsors and host committee members. Proceeds from Beer in the Bushes supports SCCF's mission of conserving coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed. Tickets are \$70 each and must be purchased in advance by visiting www.sccfbeer.eventbrite.com. The SCCF Nature Center is located at 3333 Sanibel-Captiva Road. For more information, call 472-2329.✧

From page 1B Earth Day

making turtles and other wildlife out of recycled materials. Guests can also attend the free Gators & Crocs and Birding The Refuge programs and meet Bagzilla, a "bag monster" dressed in the average person's annual plastic bag consumption. The first 50 people to enter the refuge's Visitor & Education Center classroom that day after 10 a.m. will receive a free reusable bag made from recycled plastic bottles. The multi-award-winning film *Bag It!: Is Your Life Too Plastic?* reveals, in an entertaining manner, just how plastic

crazy we really are and how we can change the pattern. Schedule of free Earth-friendly fun: • 7 a.m. to 7 p.m. – Wildlife Drive is open free to bikers and hikers only (\$5 fee per vehicle). • 10 to 10:30 a.m. – Family Crafts & Story, Visitor & Education Center • 10 to 10:30 a.m. – Gators & Crocs Program, Crossdike Pavilion • 11 to 11:45 a.m. – *Bag It!: Is Your Life Too Plastic?* film showing, Visitor & Education Center Auditorium • 1 to 1:30 p.m. – Birds of the Refuge program, Crossdike Pavilion. For more information on Earth Day at the refuge, call 472-1100 or visit www.dingdarlingsociety.org.✧

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Restaurant Shares Traffic App Info



Matzaluna server Larry Sisson with the new Sanibel Street Cam App information card
photo provided

Few people know better how seasonal traffic can take a toll on employee schedules and customer satisfaction than Mark Blust, vice president of marketing and operations for The

Prawnbroker Restaurant Group, which includes The Timbers Restaurant and Fish Market, Sanibel Grill and Matzaluna on Sanibel.

Blust eagerly agreed to assist the city in spreading the news about the new Sanibel Bound Street Cam App. Employees of all three restaurants are encouraged to download and use the app to help plan their daily workday commute and to coordinate ride sharing when possible to help decrease the number of cars on island roads.

To help reach restaurant patrons, servers add an informative Street Cam App card with downloading directions to the check folio at the end of each meal.

"Island residents and regulars know the peak times to avoid traffic, but most visitors don't know about the app yet," said Blust, who also serves on the board of the Sanibel & Captiva Islands Chamber of Commerce. "Including the information with their check is an easy way to share the Sanibel Street Cams with our guests."

The City of Sanibel's multifaceted Traffic Communications Strategy includes outreach efforts to island visitors, residents, businesses and vendors to help increase awareness of peak traffic times and reduce congestion on island roadways.

If you have a story to share about someone who practices "Bike or Hike" or a business that utilizes the Sanibel Bound App to reduce peak season traffic, email the city manager's office at judie.zimomra@mysanibel.com.✪



Jerry Miller, volunteer Al Gettemy, camper Jimmy and emcee Miriam Zamorano
photos provided



Camper Donald claps for fellow camper Matthew as he does the Irish Jig at the talent show performance
From page 2B

Trailways Camp

campers and their families. This year Grampy's Charities, who has made a five-year \$5,000 per year commitment, hosted the event with Captiva's Chapel by the Sea. The camp is made possible through charitable donations. To learn more, visit the website is www.trailwayscamps.org.✪



Benjamin, Sharon and Jerry Miller leading the Happy Birthday song



Camper Gregg with Jerry Miller



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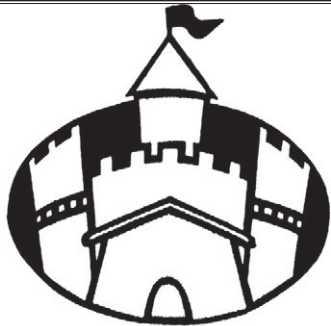
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Equality Director To Address Island Democrats



Amber Paolomilio

photo provided

On Thursday, April 20, Amber Paolomilio, field director of Equality Florida, the primary statewide organization advocating for gay and lesbian rights, will discuss the topic, What's Next? Advocating for Full LGBT Equality at the April meeting of the Democratic Club of the Islands. The meeting, free and open to the public, will be held at The Community House, 2173 Periwinkle Way on Sanibel, starting at 7 p.m. in the Founder's Room.

Paolomilio joined Equality Florida in 2015 as field director. Her works involves community outreach, local policy and civic engagement. She increases awareness throughout

Florida by engaging, empowering and encouraging community members to take action, to ensure full equality for all LGBT Floridians.

A cum laude graduate of the University of Florida with dual degrees in women's studies and Spanish, Paolomilio's research centered on the intersections of gender and race, with a focus on queer women of color.

As an undergraduate, she served as vice president of community service for a local service sorority. In this position, she organized hundreds of volunteers and thousands of hours for the Gainesville community, with projects that focused on housing, homelessness and education. For her public service, she was awarded the University of Florida's Presidential Service Award.

While serving as a public policy intern for Equality Florida in 2013, Paolomilio planned and organized its annual Lobby Days, which brings volunteers from all over the state to the Florida capitol. This also involved working on the spring 2013 municipal elections.

People of every persuasion are invited to join members of the club to attend and participate in the discussion.

To join the Democratic Club of the Islands, bring your check for \$25 payable to DCI to the April 20 meeting, or mail it to DCI, P.O. Box 898, Sanibel, FL 33957. For more information, contact demclubislands@gmail.com or call 994-3175.*

Senior Vice President And Director Named

Sanibel Captiva Community Bank has promoted Jonathan Ruiz to senior vice president and director of information technology (IT). He is responsible for all technological infrastructure, security and facility management; overseeing implementation of new software and hardware to help automate processes; managing customer-facing applications such as online and mobile banking; and handling additional IT-related functions.

Ruiz joined the bank in 2005 and has more than 16 years of IT experience. Prior to joining Sanibel Captiva Community Bank, he operated an IT repair company and served as an IT technician and also network administrator.

A Cape Coral resident, Ruiz obtained his associate's degree from



Jonathan Ruiz

photo provided

Florida SouthWestern State College in network systems technology and holds Cisco CCNA Security and CompTIA certifications.*

Middle School 5K

Cypress Lake Middle School will hold their first 5K Run/Walk at Lakes Regional Park on Sunday, April 23 at 8 a.m.

Officials at the local middle school are raising funds to support students as they strive for success in academics,

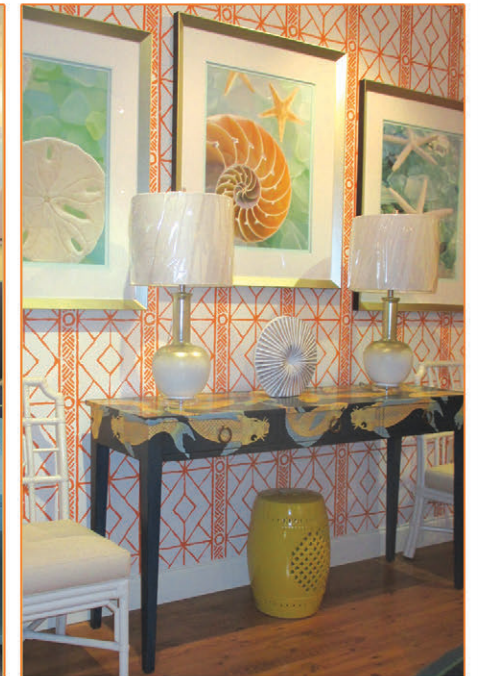
arts and athletics.

Post-race, there will be a raffle including a hotel stay, dinner gift cards, a booklet of Eager Beaver Car Wash coupons and more. Also, awards will be given to the overall male and female winners, and to the top three males and females in various age groups.

Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers.*

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Trust Company Promotion

The Sanibel Captiva Trust Company announced that it has promoted Joel Johnson to assistant vice president. Johnson is a member of the broader investment management team and his work in leveraging technology (software) has expanded the investment department's level of efficiency related to portfolio management, trading and investment research.

Johnson's additional responsibilities include assisting with firm-wide presentations, proposals for future clients, and the review of materials for existing clients. He continues to work toward earning the Chartered Financial Analyst (CFA) designation and is currently a level II candidate in the program.

"Since joining our team in 2015, Joel has demonstrated tremendous growth," said Dick Pyle, president of The Sanibel Captiva Trust Company. "In addition to supporting the portfolio managers, Joel has quickly expanded his knowledge base and now contributes to ongoing asset allocation and company research discussions. He has become a true asset to our team and our clients."



Joel Johnson photo provided

Prior to joining the firm, Johnson worked as a personal banker at Fifth Third Bancorp, where he was responsible for customer account maintenance, customer relations and sales. He is a graduate of Florida Gulf Coast University and was awarded a financial analyst internship with TerraCap Management in Bonita Springs followed by an investment associate internship at Moors and Cabot Investments in Naples.✴

New Executive Director At CHR

Community Housing and Resources (CHR) has appointed Melissa Rice as the new executive director, taking the helm of the longstanding Sanibel organization. Since 2012, Rice has served as the volunteer treasurer and member of CHR's Board of Directors. She has also co-chaired CHR's successful annual Mardi Gras fundraiser for the past two years, tying together her skills with her love of the Sanibel community.

Rice earned a bachelor's degree in business administration from the University of Florida and has over 20 years of experience in property management, including managing several large shopping centers, and supervising and directing damage restoration efforts following Hurricane Charley. Her experience will be invaluable as she oversees the management of CHR's 88 rental and ownership units.

"Melissa Rice will be the driving force behind the continued success of Community Housing and Resources," said CHR Board President Richard Johnson. "During her tenure as our treasurer on the executive committee, Melissa demonstrated



Melissa Rice photo provided

that she has the skills, ability and desire to manage our organization in the future. This, combined with her commitment to our community, will prove successful for all concerned. Our entire board of directors looks forward to the success that Melissa and her staff will bring our affordable housing program in our community."✴

Climate Change Expert To Speak

With studies showing thousands of local residents at risk for approaching rises in sea levels, the Sanibel League of Women Voters is bringing in a noted climate change expert to speak at the league's annual meeting and luncheon at the Sundial Beach Resort & Spa on Thursday, April 20.

James Murley, who leads efforts to make Miami-Dade County a more resilient community as it grapples with the impacts of sea-level rise and other issues including infrastructure, will be

the featured speaker. The program is open to the public. Numerous studies indicate a strong likelihood that Lee County will face devastating floods in the coming years. Murley will share various approaches underway in South Florida to mitigate oncoming rises in sea levels. Before his 2015 appointment as chief resilience officer of Miami-Dade County, Murley was director of the South Florida Regional Planning Council. He previously served as head of the Florida Department of Community Affairs in the 1990s. He also ran 1000 Friends of Florida, a nonprofit that aims to better communities by stopping urban sprawl.

Following the speaker, the league will hold a short business meeting to review programming for 2017-18. The league will also elect officers and directors for the upcoming year. Registration begins at 11:30 a.m., and the luncheon and program run from noon to 2 p.m., including time for questions from the audience. RSVP by email to lwvsanibel@gmail.com or call Ellen Strobel at 395-2969. The deadline to RSVP is Monday, April 17. Reservations are \$25 per person, which includes lunch. Pay at the door with cash or check.✴



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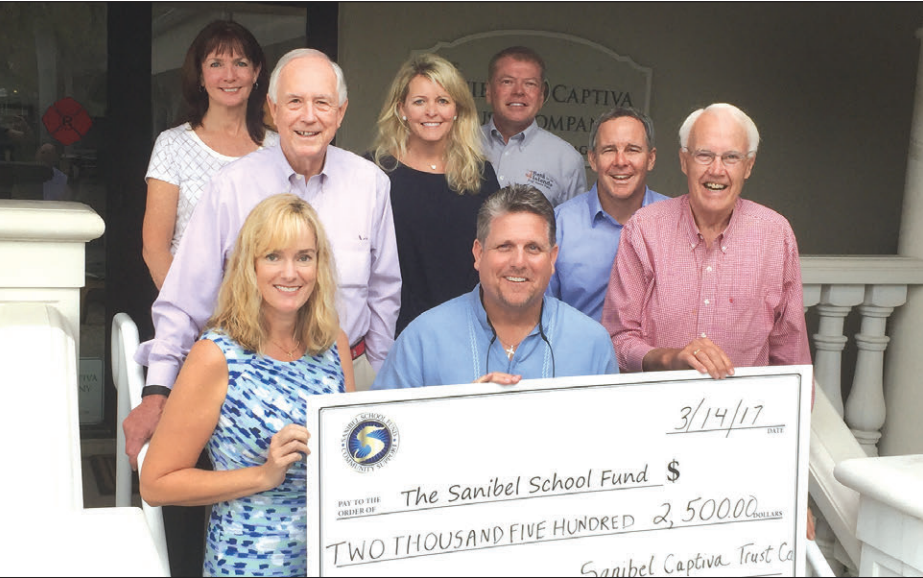
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Front, from left: Barbara Maughan, Sanibel School Fund vice president; Chuck Vilardi, principal; and Dick Pile, president, The Sanibel Captiva Trust Company. Back, from left, Carolyn Tongyai, Sanibel School Fund secretary; Al Hanser, chairman, The Sanibel Captiva Trust Company; Veronica Powers, Sanibel School Fund vice president; Rob Lisenbee, loan officer, Bank of the Islands; and Christian Fautz, Sanibel School Fund president.

photo provided

Ongoing Support For Programs At Sanibel School

The Sanibel Captiva Trust Company is a generous supporter of The Sanibel School. As a Blue Ribbon Partner for the Sanibel School Fund's sponsorship program, the trust company contributes funds to maintain the school's

foreign language program and support enhancements in technology for the school.

Because of support from businesses like The Sanibel Captiva Trust Company, students are able to take lessons in Spanish from kindergarten through eighth grade. The school serves approximately 350 students, is a nationally recognized Blue Ribbon School and is a top rated K-8 school in the state of Florida.✱

Rotary Happenings

submitted by Shirley Jewell

"I have good reason to be content, for thank God I can read and perhaps understand Shakespeare to his depths."

– John Keats.

That quote could have been written by last week's Sanibel-Captiva Rotary guest speaker, Ray Boyce. Beyond the fact that Boyce has had a lifetime of incredible achievements in his business and personal life, he has a life-long love of theater and is captivated by the works of Shakespeare.

He had a high-powered career with business entities such as The Seagram Company Ltd. (vice president, corporate communications and public relations); Viacom Inc. (senior vice president, media relations, employee communications, public affairs, shareholder communications and corporate philanthropy, and member of Viacom's Operation Committee); Coca-Cola Company (vice president, public relations – entertainment business sector, which included Columbia Pictures where he served as vice president of corporate relations; and 20 years with public relations responsibilities and advertising with The Equitable Life Assurance Society of the U.S.

Boyce continued his active participation in the National Corporate Theatre Fund serving as its chairman and continuing as a board member. He has also been a member of the board of directors of the Americans for the Arts and served as trustee of the Coca-Cola Foundation, playing a key role in shaping the foundation's patronage of the arts.

The thread connecting Boyce's



business responsibilities and his interest in theater is his concentration of how people communicate their message and the success of that communication. As in business, the theater needs to communicate and emotionally connect to its audience. Like most of us, Boyce had read the works of William Shakespeare in his youth but that was about it. Throughout the years working with theater, he realized the continuing study and successful presentations of Shakespeare's literary works. Why Shakespeare, now that is the question? To find the answer to that question or at least to try and understand Shakespeare's popularity, Boyce has taken courses about Shakespeare in England at Cambridge, Durham and Oxford universities. He said, "The study of Shakespeare is a cottage industry in England."

Little documentation about Shakespeare's life or writings can be found. There is no record of his schooling; there is a marriage certificate to Anne Hathaway, some business documents but not dealing with theater; no paper trail regarding his writings – 37 plays, 154 sonnets, five poems. Some people even question whether Shakespeare even wrote his plays; he wasn't well-schooled, he wasn't well traveled and he didn't have the experiences written about.

Shakespeare wrote during the Elizabethan Era... royalty ruled, religious turmoil was present and economic factors made peasant life hard. Theater was a refuge for the poor. Theater was evolving from vagabond troupes to permanent open-air theatre houses such as the Globe Theatre with its five-level design. It had a permanent stage lit by candle-light, less limitation on scenery, and floor and balcony inside seating. The actors were all men, women had few rights and were not allowed to act on stage.

The world unfolded before the eyes of the audience. New places, new experiences and emotions, even

continued on page 16B

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GORGEOUS COASTAL BEACH HOME



SANIBEL EAST END: Spacious home with 3 bedrooms, 2 1/2 baths, screen enclosed heated pool, volume ceilings throughout, chefs kitchen, incredible bonus space with extra storage, 3 car garage and boat dockage. This home is located in the prestigious Kinzie Island, a private, gated community with private beach access on the East End of Sanibel. Association pool, tennis, pickle ball courts and beach access with cabana. An Island dream come true on Sanibel!

Asking price is \$1,395,000

BEST DUNES LOCATION W/ GORGEOUS LAKE VIEWS!



This is the home you have waited for - Wonderful great room design with cathedral ceilings, Florida room, 3 bedrooms, 2 baths, plus den. The screen enclosed pool and spa is elevated to the living level. They are all overlooking the 10th green with expansive water views! Enclosed garage under the whole house and separate air conditioned garage perfect for all your toys!

Asking price is \$889,000

CANAL-FRONT LOT IN SHELL HARBOR



Here's your chance to build your dream canal front home on East End of Sanibel. This beautiful lot is surrounded by the Gulf of Mexico and Bay offers a seawall canal with dock and boat lift already in place. The private deeded beach access with parking is just moments away. One of the very few remaining canal lots on the Island!

Asking price is \$719,000

ADORABLE COTTAGE BY THE SEA!



Perfect floor plan for the family. Open kitchen, dining and living room, plus 4 bedrooms and 2 baths. Dreamy cottage style home with wood floors through out, high ceilings on a private, tropical lot. Watch the manatees and wildlife. Wonderful canal views, boating access to the Gulf of Mexico. Beach access close by.

Asking price is \$849,000



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Superior Interiors

Shopping For Outdoor Furniture? A Few Useful Tips



by Trinette Nelson
 If you've been procrastinating on buying new outdoor furniture, don't get into such a hurry that you make decisions you'll regret later. Here are a few tips:
 Seek out attractive, well

designed fabrics. You do not have to settle for the traditional outdoor look of awning stripes and the like. Today's fabrics that withstand climate also are stylish. We see more variety in patterns that make fabrics blend well with interior and outdoor usage. Make your decisions not just about function. Decorate your outdoor spaces to be pleasing to the eye. The outdoors are beautiful; so too should be the space in which you enjoy the outdoors.
Fabric: Beauty And Durability
 You do want that fabric to last. So, what qualities should you want?
 Look for the label. You want fabrics that are stain and mildew resistant, water repellent and fade resistant. Most indoor/outdoor fabrics are made from acrylic or polyester and are solution dyed. This

means that the color is put into the material when it is a liquid. This makes the color an inherent part of the fabric, not something that is added later on. Most indoor/outdoor fabrics are UV protected and have a guarantee to not fade for three to 10 years, depending upon the pattern.
 Also look at the cleaning instructions. If it's stain resistant, it most likely can be cleaned using a mild detergent and cold water for spot cleaning. Some outdoor fabrics can even be hosed off.
 Perhaps the best known brand for these types of fabrics is Sunbrella, which was developed in the early 1960's as an alternative to cotton canvas. The acrylic canvas was originally used for awnings. In the 1970's, the Sunbrella marine fabrics were used on boats and outdoor cushions.
 In the 1980's, Sunbrella introduced a line of furniture weight fabrics and in 2002, Sunbrella expanded into residential fabrics that can be used indoors or outdoors.
Structure
 Aluminum, plastic and PVC materials are rustproof, lightweight and relatively inexpensive, require very little weather treating, and can be washed easily with a little soap and water.
 Steel and wrought iron are heavy duty and sturdy but will rust if not weatherproofed or painted periodically.
 Wicker furniture uses natural materials such as rattan that presents a great look and is very durable outdoors, especially when treated with a resin finish. Wicker is the weaving process that is used to

make the furniture. Its use has been documented as far back as ancient Egypt, and wicker baskets have even been discovered in the ancient city of Pompeii.
 Wood looks very attractive in outdoor furnishings and makes for sturdy furniture that can be as comfortable as anything you use indoors. It does require regular treatment with a preservative and may also require UV protection. Choose weather-resistant woods like teak, redwood, cypress and cedar.
 Some manufacturers, by the way, have categories described as "Outdoor Limited Exposure" and "Outdoor Weatherproof." Again, look for the label.
 Comfort is important – very important. You may want steel or wood construction in your patio furniture for stability and longevity, but don't forget that without some homey comforts like soft, plush cushions, your outdoor furniture will go largely unused.
 Go for thick cushions with polyester filler. The more lightweight and springy the filler is, the more quickly it will dry out after exposure to moisture. That means it will resist mold and mildew and stay comfortable and sweet smelling longer.
 Watch those dimensions, too. Give yourself enough room to look forward to relaxing in what will become your favorite outdoor chair or chaise. Like always, decorating is about you. And, to make

it even easier, why not take all the guess work out of outdoor decorating, and give a professional a call? We know how to help you get just the right product - the right look at the right price.
 Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindceden.com.✽

Community Association Annual Meeting

The Sanibel Community Association's (SCA) annual meeting will be held on Wednesday, April 26 at 5 p.m. Learn the status of both the SCA and The Community House, then join your friends and neighbors for the monthly potluck dinner with featured speaker Betsy Eidem, who will be speaking about food similarities between Sanibel and Cuba. Call 472-2155 for reservations.
 If you are unable to attend but would like to make a donation to either the building or operating fund, visit www.sanibelcommunityhouse.net or stop by The Community House, located at 2173 Periwinkle Way.✽

From page 14B
 Rotary Happenings

mockery of royalty was allowed, and captivating stories with universal appeal were presented on stage. Shakespeare wrote the plays and audiences loved the plots with layered sub-plots and the emotions portrayed. Real life was suspended while the actors where on stage. Shakespeare's story lines and his use of language and the rhythm of his words held the attention of his audience back in the 1600s and continue to do so today whether he writes in the genres of tragedy, history or comedy.
 Shakespeare communicated with his

audience, whether it was the language of the plays, the rhythm of the words, or the universal plots; Shakespeare is alive and well today. If you haven't seen one of his plays since high school, go again. I personally think you will walk away with an appreciation for Shakespeare that you never thought you would have or, if you're lucky enough, you could join a class presented by Ray Boyce at Shell Point Retirement Community focused on Shakespeare's works.
 The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.✽

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Three recently elected members to CROW's Board of Directors, from left, Cathie Lewis, Sarah M. Scruggs and Christine D. Attardo with Board President Dave Nichols

photo by Brian Bohlman

CROW Holds Membership Meeting

The Clinic for the Rehabilitation of Wildlife (CROW) held its 2017 Membership Meeting at CROW's Visitor Education Center on March 29. Those in attendance included members, staff and the board of the directors.

The agenda consisted of the introduction of new and returning board members, a review of 2016 achievements and information about the 2017 focus, including planning for CROW's 50th anniversary in 2018.

At the meeting, CROW announced the election of three new board members: Christine D. Attardo, Cathie Lewis and Sarah M. Scruggs, DVM.

Attardo received her master of science in microbiology from Yale University following an undergraduate degree in biology from Vassar College. Her career includes teaching biology at the high school and college levels as well as working at Brookhaven National Laboratory in the Medical Research Department. Attardo volunteers in the HealthPark Medical Center emergency room and at CROW, greeting guests in the Visitor Education Center and helping in the hospital's baby room.

Originally from Middlebury, Vermont, Lewis has spent over 30 years working in the public sector, primarily with public utilities divisions. During her time with the City of Sanibel, Lewis helped develop the utility department and assisted in

establishing an island-wide sanitary sewer collection and treatment system. Lewis also developed a storm-water management system known as PRISM (Personal Responsibility for Island Storm-water Management) for the city of Fort Myers Beach.

Scruggs received her doctorate from Ross University School of Veterinary Medicine and a master of science in clinical sciences from Colorado State University. She is currently a staff cardiologist for Specialized Veterinary Services in Fort Myers. Previously, Scruggs served as a staff cardiologist in Denver, Colorado and a staff veterinarian in New York.

The 2017 board officers are Dave Nichols, DVM, president; Rob Lisenbee, vice president; Paul Ben-Susan, treasurer; and Diane Bean, DVM, secretary.

Returning board members are Jeff Burns, Jeff Haungs, Ginnie Pritchett-McSpadden, Jeff Powers and Jeff Weigel.

Dr. Linda Estep, executive director, and Dr. Heather Barron, hospital director, presented CROW's 2016 highlights:

- At the Visitor Education Center, exhibit upgrades include the addition of live animals focused on native versus invasive species.
- At the wildlife hospital, 3,953 wildlife patients were admitted: 61 percent birds, 31 percent mammals, and seven percent reptiles. More than 1,200 patients, approximately 33 percent, were released in 2016.

For more information, visit www.crowclinic.org.

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photos from page 1B

SanCap Cares



From left, Jim “Sunny” Nathan and Jim “Sparkle” Sprinkle with Doug and Sherry Gentry
photos by Amanda Hartman and Carol Orr Hartman



From left, Sandy Falk, pediatric clinical specialist, GCH; Allisar and Dr. Emad Salman, medical director, GCH; and Helen and Dr. Robert Minkes, GCH pediatric surgeon



Valerie Tutor and Deb Szymanczyk



From left, Dan and Gerri Perkins with Susan and Scott Logan



From left, Diana Day, co-chair; Valerie Tutor, co-chair; and Amanda Cross, honorary chair



Kathy Bridge-Liles, chief administrative officer, GCH, and Paul Liles



Antonette McDonald



From left, Steve King and Sam Boren with Toni and Dr. Brett Shannon



Jerred and Ashley Hoover, parents of “Baby Shay”



Kyle and Christina Szymanczyk



From left, Jim Nathan, CEO, Lee Health; and Sally and Al Hanser, CEO, The Sanibel Captiva Trust Company, presenting sponsor



From left, Randy and Charlotte Hockensmith with Liddy Johnson



Ken Gill and Karen DeWitt



From left, Pete and Pat Allen with Karen and Jack Pagel



Amanda Cross, honorary chair, and Lindsay Torpey-Cross



Dan and Krys Stegmann



From left, Birgie Miller, executive director, "Ding" Darling Wildlife Society; Jim Sprankle, sculptor; Brenda Tate; and Donna and John Schubert



From left, auctioneer Jean Baer, Jim "Sparkle" Sprankle and Jim "Sunny" Nathan with Robert Rauschenberg's *Captiva Coda*



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2. Dunes Golf & Tennis Community – Sanibel

- 3 BR/2 BA bright cheery beach retreat with pool
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- **\$609,000** EUR €571,053

3. Gulf Access Canal Home – Sanibel

- 3 BR/3 BA, on navigable canal
- Boat dock and lift, Gulf access
- **\$1,399,000** EUR €1,311,828

4. Bay Front Views – Sanibel

- 3 BR/4 BA direct Gulf access canal with dock and lift
- Elevator, fireplace, multiple lanais with Bay views
- **\$2,895,000** EUR €2,767,276

5. Canal Home on Quiet Cul de Sac – Sanibel

- 4 BR/4 BA Gulf access canal home
- Spacious home with large caged pool
- **\$1,965,000** EUR €1,879,843

6. Captiva Village Haven

- 3 BR/2BA surrounded by lush landscape
- Very close to beach and village amenities
- **\$1,049,000** EUR 977,795



7. Stunning Gulf Front Home - Captiva

- 4 BR/3.5 BA with expansive Gulf views
- Featuring 157 ft of beach frontage AND a boat dock on Roosevelt Channel
- **\$4,499,000** EUR €4,238,162

8. Ground Level Canal Home on Cul de Sac - Sanibel

- 3 BR/2 BA with private pool and boat dock
- Gulf access, sea walled canal, deeded beach access
- **\$999,000** EUR €944,279

9. Spacious Ground Level Home In Beach View

- 3 BR/2 BA with separate living and family rooms
- Screen enclosed lanai with pool, easy ground floor living
- Views of the Sanibel River, updated kitchen with granite
- **\$729,000** EUR €683,576

10. Pointe Santo Best Buys

- Unit E6, Gulf front - **\$1,250,000**
- Unit B25, Gulf view - **\$749,000**

11. South Seas Island Resort Condos

- 1 BR/2 BA Bayside Villa - **\$315,000**
- 1 BR/1 BA Tennis Villa - **\$254,000**
- 1 BR/1 BA Tennis Villa - **\$299,000**

12. Best of Loggerhead Cay 2BR/2 BA Furnished Units

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Will Power

They Didn't Even Send A Christmas Card



by Craig R. Hersch, Florida Bar Board Certified
Wills, Trusts & Estates Attorney; CPA

Gary and Nancy were sitting in my office discussing their estate plans. Each were married previously with two children each from said prior marriages. They created a joint trust, with everything held and controlled by the surviving spouse, with all four children as remainder beneficiaries in equal shares. So, upon the death of the surviving spouse, both sets of children would share equally.

Unless, I pointed out, the survivor of Gary and Nancy decided to disinherit the other's children.

"Oh, that will never happen," Gary said to me. "We trust

one another."

"Besides," Nancy chimed in, "we need all of the money and assets for each other. Whatever the kids get shouldn't be an expectation."

I agree with Gary and Nancy's assessments, to a point. In nearly 28 years of practicing estate planning law, I can relay to you that feelings change. There can be a long period of time between the first spouse's passing and the surviving spouse's death, often spanning many years. During that period of time, the surviving spouse, who is not the parent of the deceased spouse's children, may sour on the relationship and decide to minimize or sometimes entirely eliminate those children.

Here is an example of a conversation that I've occasionally had with clients on the subject. Let's call this particular client "Darlene." Darlene's husband "Michael" died several years ago.

"Craig," Darlene opens, "I want to make a change to our trust."

"What's that?" I inquire.

"I want to eliminate Michael's children as beneficiaries."

"I can do that for you since you have the ability to amend your joint trust," I say, "but didn't you and Michael promise one another that you wouldn't alter the beneficiaries to your trust following one of your deaths?"

"Yes we did," Darlene responds. "But it's been nine years since Michael's death. Do you know how often his children have called me? I can count the times on one hand. They didn't even send me a Christmas card last year."

The conversation goes something like that. There are ways for spouses to create

separate trusts. However, the amounts held in trust for the surviving spouse are usually restricted in some way, and accountings are usually prepared annually for the children so that they can see what the surviving spouse is spending. The married couple therefore has to balance their own needs and the desire to preserve amounts for their children.

Another alternative is to provide, upon the first spouse's death, some amount for his or her children. This will reduce the amount available for the surviving spouse, but at least the first decedent spouse's children would get some inheritance if that is important to the family.

Another idea is to purchase a life insurance policy that will pay to the first decedent spouse's children. In blended family situations, there are a variety of avenues available to accomplish the goal of leaving amounts to children while not handcuffing the surviving spouse. It just takes some intentional thought and planning. Always remember to consult your loved ones and your attorney when drafting your estate plan. Having these important conversations will often help avoid situations like those mentioned.

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ISLAND SUN BUSINESS NEWSMAKERS

Top Producers



McMurray and Nette



Andre Arensmith



Cindy Sitton

Royal Shell Real Estate announced that the Sanibel/Captiva office's top listing producers team for March was McMurray & Nette, the top listings producer individual was Andre Arensman, the top sales producers team was McMurray & Nette and the top sales producers individual was Cindy Sitton.✴

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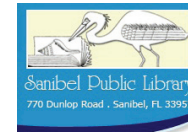
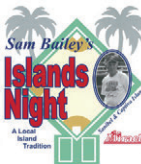
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Twins’ Best Season Start In 10 Years Is A Stark Reversal Of A Year Ago



by Ed Frank

Let’s not jinx the Minnesota Twins, but one week into the 2017 baseball season, the Twins had the best record in the American League at 5-1 (.833). Remember, this is the team that had baseball’s worst record last season, losing 103 games and winning just 59 (.364). What a difference a year makes as this time last year the Twins were in the midst of a miserable 0-9 start. After winning two of three games last weekend from the Chicago White Sox, the Twins moved on to Detroit for another three-game road series that began Tuesday. It’s no secret that pitching – actually lousy pitching – was the prime reason for the team’s downfall in 2016.

Minnesota’s team pitching ERA of 5.08 a year ago was ranked 29th of baseball’s 30 teams. Through the first six games this year, the team ERA of 2.04 was the Major League best. The Twins outscored their opponents 30-13 during that stretch. In winning his first two starts, starter Ervin Santana had a microscopic 0.69 ERA.

And the bats came alive during that initial six-game stretch with third-baseman Miquel Sano batting .350 with eight RBIs and shortstop Jorge Polanco recording a .389 average. The baseball season is a long 162-game grind and those first six games represent only 3.7 percent of the season.

But it was the best season start for the Twins in 10 years. **Miracle Top Prospect Injured In Home Opener** The Fort Myers Miracle 2017 home opener last weekend began with an auspicious start when one of the team’s top prospects, 19-year-old infielder Luis Arraez, was carted off the field after stumbling over first base in the seventh inning. The Miracle went on to defeat Jupiter, 5-2, before more than 7,000 fans at the Century Link Sports Complex. Arraetz, hit .347 last year for the Cedar Rapids Kernel, tops in the Midwest League. Promoted from Low A Cedar Rapids to High A Fort Myers, Arraetz began the new season hitting .385 in his first three games before last Saturday’s injury. He is ranked No. 28 in the Twins top prospect list.

Two other top 30 prospects on the current Miracle roster are left-hander Lachlan Wells (ranked 26th), who posted a 6-4 record last year with Cedar Rapids; and left-hander Randy Rosario (ranked 27th), who is returning to the Miracle for his second season. He was converted from a starter to a reliever at mid-season. He is on the Twins 40-man roster.

Following the home openers last weekend, the Miracle are on the road this week at Tampa and Daytona before returning home Monday for a four-game series with the new Florida Fire Frogs, an Atlanta Braves

Class A team. The Fire Frogs replace the Brevard County Manatees in the Florida State League.

Everblades Begin Kelly Cup Playoffs The Florida Everblades began their quest for the Kelly Cup Championship this week against Orlando in a best-of-seven series.

Florida, which completed the regular season with the best record in the ECHL Eastern Conference at 46-21-2-3, faces Orlando tonight, Friday, in the second game of the series that began Wednesday. The puck drops at 7:30 p.m. at Germain Arena.

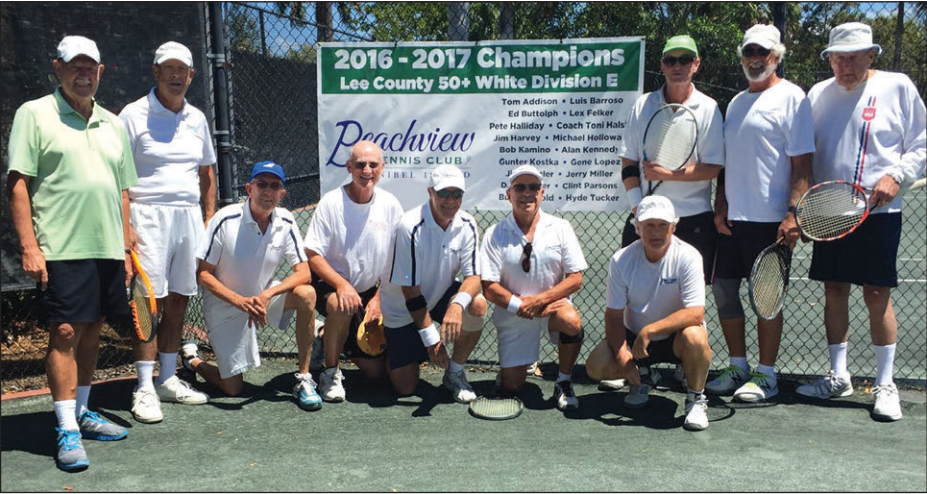
Games three, four and five (if necessary) will be at Orlando. If games six and seven are necessary, the series shifts back here to Germain on Tuesday, April 25 and Wednesday, April 26.✴

SPORTS QUIZ

1. Who was the first back-to-back MVP winner in National League history?
2. Entering 2017, who had the best career regular-season winning percentage (minimum of two seasons) of any Houston Astros manager?
3. In 2015, Brandon Marshall of the New York Jets became the first NFL receiver to have six 100-catch seasons. Who had he been tied with at five?
4. Villanova’s men’s basketball team set a record in 2016 for the biggest margin of victory in Final Four history (44 points). What had been the biggest margin?
5. In 2016, Florida’s Jaromir Jagr moved to second on the NHL career-scoring list. Who had been No. 2?
6. Who was the last woman before Katie Ledecky in 2016 to sweep the 200-, 400- and 800-meter freestyle swimming events at one Olympics?
7. How many consecutive Ryder Cup teams has golfer Phil Mickelson been a part of?

ANSWERS

1. Ernie Banks of the Chicago Cubs, in 1958-59. 2. Larry Dierker had a .556 winning percentage (435-348) from 1997 to 2001. 3. Andre Johnson and Wes Welker. 4. Cincinnati (1963) and Michigan State (1979) each won a Final Four game by 34 points. 5. Mark Messier, with 1,887 points. 6. American Debbie Meyer, in 1968. 7. Eleven consecutive teams.



From left, Gunter Kostka, Dan Moeder, Jerry Miller, Bud Reinhold, Lex Felker, Luis Barroso, Jim Harvey, Jim Metzler, Gene Lopez and David Searles. Not pictured are Tom Addison, Ed Buttolph, Pete Halliday, coach Toni Halski, Michael Holloway, Bob Kamino, Alan Kennedy, Clint Parsons and Hyde Tucker. photo provided

Banner Honors Club Champions

Peachview Tennis Club recently unveiled the banner for its first Lee County Mens 50+ championship in 10 years, honoring the club’s 2016-17 champs.✴



Jerry Mader photo provided

Hole In One

Congratulations to Jerry Mader, member at Sanibel Island Golf Club, for his recent hole-in-one on the course’s third hole.✴

Islands Night Date Announced

The 24th annual Islands Night, presented by Bailey’s General Store, will return to Hammond Stadium at the CenturyLink Sports Complex on Wednesday, May 17 as the Fort Myers Miracle take on the Clearwater Threshers at 6:35 p.m. Pre-game festivities, including the traditional parade around the diamond, begin at 5 p.m.

The Miracle will begin their next homestand on Monday, April 17 when they host the Florida Fire Frogs. To purchase tickets or for more information, visit www.miraclebaseball.com.✴

Sanibel 8-Ball Pool League

Sanibel Captures League Win Over North Fort Myers

Dave Doane needed to win his last two games to give the Sanibel 8-Ball Pool League a 9-7 victory over the North Fort Myers Senior Pool League. And, he did the job with a thrilling 3-1 victory over Al Solvang. The win cuts North Fort Myers lead in the annual series to 6-4.

This year, the match was contested on the two pool tables at American Legion Post 123. Next year, the annual match will return to Del Tura Golf and Country Club when eight players combined from Sanibel and North Fort Myers will meet head to head.

Participating this year for Sanibel were Mike DeWitt, Bob Buntrock, Rich Ennis and Dave Doane. Shooting for North Fort Myers were Harry Christopher and Vito Sinicropi from Del Tura Golf and Country Club and Rich Pietkun and Al Solvang from Pine Lakes Golf and Country Club.

Mike DeWitt produced three wins for Sanibel, and Harry Christopher did the same for North Fort Myers.

The annual match closes the season for the Sanibel shooters. The Sanibel 8-Ball Pool League will start play again in mid-October with four teams playing on the only two tables on the Island located at American Legion Post 123 on San-Cap Road. Players interested in playing in the league should contact the Legion at 472-9979 or attend the league’s organizational meeting in September.✴

Spirituality And Sustainability Conference

submitted by Zoë Spanbroek

Environmental education is a well-known and widely utilized field. It is a focal point of the Center for Environmental and Sustainability Education at Florida Gulf Coast University (FGCU), which seeks “to educate for an ecologically literate citizenry.” Another field of environmentalism – arguably lesser known – is eco-spirituality. There are many connections to be made between spirituality and sustainability as two pillars of successful environmental education. The center will explore these connections this summer as a co-sponsor the Rome & Assisi Spirituality & Sustainability Conference in Italy.

The Center for Earth Ethics at Union Theological Seminary and Center for Ethics at Saint Thomas University, the event’s co-conveners, make eco-spirituality a focal point of their work. Each globally-minded center that is attending will bring a different perspective to the conference and its “dialogue about transformative global change based on spirituality and sustainability.” Appreciating the broad range of voices in this dialogue is a critical part of “realizing the dream of a sustainable and peaceful future for Earth,” as the Center for Environmental



Peter Blaze Corcoran photos provided

and Sustainability Education mission states. The three center members attending this conference are Director Peter Blaze Corcoran, Assistant Director Dr. Maria Roca and Senior Faculty Associate Mary Walch. While in Rome, participants will have a papal audience with Pope Francis I. Then, they move on to Assisi for academic seminars.

As one of the world’s experts on the Earth Charter, Corcoran has been asked to make a presentation on Earth Charter Education and the United Nations Sustainable Development Goals. He has previously edited two books on the subject – *Earth Charter in Action* and *A Voice for Earth: American Writers Respond to the Earth Charter*, co-edited with center board member



Church of Saint Francis in Assisi, Italy

Jim Wohlpart. His second presentation will be on Future Directions for Sustainability in Higher Education, a message that is particularly relevant to the center’s work at FGCU. As a member of the center’s public relations team, Walch will be attending as a “roving reporter” of sorts, soaking in the experience and bringing it back to the Southwest Florida community, perhaps through a feature story. Combining the concepts of spirituality and sustainability can be fruitful for change. As Dr. Roca said, “Pope Francis, Thomas Berry and

St. Francis of Assisi offer some of the most important ideas about how to care for our fragile planet. This conference gives participants the opportunity to spend deeply reflective time with these powerful ideas and to explore how to live them in our everyday lives and bring them back to our communities.”

For more information about the Center for Environmental and Sustainability Education, visit www.fgcu.edu/cese or contact Peter Blaze Corcoran at 590-7166 or pcorcora@fgcu.edu.



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Island Cotillion Dinner Dance



From left, dance hosts George and Shirley Witte and Betty and Robert Van Tassel
photos by Corky Boyd

The Island Cotillion held its final dinner dance of the season on March 29 at The Sanctuary Golf Club. Music was provided by the Stacey Allison Duo. In contrast to the two prior formal events, the

spring dance is informal. The Island Cotillion is an organization of full or part time Sanibel residents who enjoy dancing. For those interested in joining, contact Julie Boyd at 394-0464.✱



Paul and Linda Taylor



Caren and Bob Schoen



Elizabeth Boone and John Boone



Rick Shewring and Barbara Beran



Stacey Allison Duo

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Got A Problem? Dr. Connie Is In



by Constance
Clancy

Q: My sister's husband is having an affair and my sister found out and is devastated. There has been a history of him cheating on her for years. He has been self-absorbed ever

since I have known him. People who know him say he is a narcissist.

How does one become a narcissist? He is so slick and she is starting to see it. How can I help my sister because she is afraid to leave him?

A: It's unfortunate that your sister is enduring this situation as it is such a betrayal, yet not that uncommon. It would be most helpful to have a conversation with her about how this type of person does not change. You didn't mention if there are children, however, I highly recommend that she enter counseling to understand herself and why she is afraid to leave. The DSMV (Diagnostic Manual) that we professionals use to make diagnoses identifies a set of criteria for personality disorders individuals. Narcissistic Personality Disorder is one of them. Narcissistic traits begin early on when one feels shame and covers up with psychological defenses. Narcissists are encountered in the work setting, personal relationships and they are very difficult to pinpoint initially.

People can have narcissistic traits and behaviors without meeting the full criteria. Below are the following traits of narcissists:

- Appears confident and strong. They can seem attractive and they are good at self-presentation. They talk a lot about themselves (they care about themselves first and foremost and are not capable of real love, remember this). They need to feel and be successful, or at least appear successful.

- The flip side of narcissism is shame. At the core level, these people do not like themselves. They have felt shame for most of their lives and never reached a true sense of autonomy.

- In the beginning of a relationship, the narcissist will put you on a pedestal. The praise is constant. Once again, this is not about you, as we all have flaws, but it's about the narcissist's need for a reflective surface.

- They are considered most charming and attractive. They can be nice and even say and do all the things you want to hear. The problem lies in that it is all for them, not you, and it will stop in a heartbeat when there is the slightest tinge of conflict. It's when you stand up for yourself, they will turn on you. A narcissist has to be in control. Of course, they control out of fear, fear of being alone, fear of being found out, fear of...you name it. Don't be fooled, once they realize they cannot control you, they are prone to look elsewhere and usually do, preying on another person who does not see the true essence of what is behind the persona.

- A narcissist has to have constant adornment from others. It's a one-way street. In the event you try to discuss a concern with this individual, it will be thrown back in your face as proof of what is wrong is you, not him/her. Unfortunately, it takes time, perhaps years to see the patterns clearly. Once out of the entanglement with a narcissist, the 20/20 hindsight you acquire is beyond crystal clear.

- The relationship with a narcissist is a roller-coaster ride of seduction. There are many highs and lows in the relationship. Sadly, this fits into some of the most mistaken ideas many people have about "romantic love." They end up using rationalizations and projections, unconscious defense mechanisms used to protect themselves. The trap is set very early on and it is so easy to walk right into it, at least for awhile.

- The narcissist is a game player and they know just how to game your investment in the relationship. They are good at seeking out an honest and caring person. When this person is up against someone who is more than willing to lie, happy to manipulate and, at the end of the day, doesn't care about you and never did, that honest and caring person doesn't stand a chance. They are good to point out what you did not do for them, never what you did do.

The narcissist likes and needs to be in a constant relationship with an individual because he/she uses it to self-regulate, to enhance the self and maintain any sense of self-esteem. Remember, there is no sense of self at the core. They are dealing with their own victimhood issues. The narcissist loves to keep you off balance, because his/her own needs come first at all costs. The biggest problem with the narcissist is that he/she is very good at fooling most, if not all of us until one wakes up and runs for the exit as soon as they possibly can. At the end of the day, narcissists would never dare want you to know they are really tortured souls desperately in search of eliminating their shame yet they don't know how.

I hope this was helpful and my guess is, when your sister has had enough (with the help and support of a professional), she will run for the exit as well.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.✱

Meditation Class

A New Moon Meditation Class will be held at Alison Hagerup Beach Park on Wednesday, April 26 at 7:15 p.m. This is a guided meditation on the beach as the sun sets and the moon rises. Suggested donation is between \$10 and \$15 with all proceeds to benefit SCCF's sea turtle research program. Bring a towel or blanket to sit on.

Alison Hagerup Beach Park is located at 14790 Captiva Drive on Captiva. This beach is labeled "South Beach" or Location #30 on South Seas Island Resort maps. For more information, call 314-9642.✱

Beautifulife:

Take A Break



by Kay Casperson

Have you been experiencing mental burnout? Are you getting to the end of your day with many tasks still on the list to complete? Are things being pushed aside or is the quality of

the finished task less than what you are capable of? If you answered yes to any of these questions, you are probably guilty of not taking a break when needed.

Research shows that prolonged periods of time throughout the day without a break will result in less quality work. The same research also shows that on your days off from work, there should be more focus on physical activity, creativity and inspiration instead of filling your every moment with home responsibilities such as housework, unfinished jobs, or even taking your work home.

My kids are finally enjoying their Spring Break from school and since it is later this year, they were extremely ready for it. I noticed them having a harder time focusing on homework and getting more tired throughout the week as they have not had a break from school and activities since Christmas. This made me think about how important it is for all of

us to focus on little breaks throughout the day, whether it be to step away from the computer, the phone or the tasks at hand every so often to take a little walk, get out into some sunshine, have a bite to eat or just sit somewhere quietly to regroup. It is also extremely important to enjoy days off from responsibilities and to concentrate on rejuvenating our mind, body and spirit. I can promise you that your productive time and quality of work will be greatly increased and you will be proud of the results.

While many people are enjoying Spring Break, this is a perfect time to grasp the importance of a real break – not just a day off or time off. I encourage you to carve out that very important and necessary time for yourself in whatever way you can in order to clear your mind and to better focus on experiencing the most balanced and "beautifulife."

My affirmation for you this week is: *"I am working on enhancing the quality of my breaks throughout the day and the year so that I can be proud of my accomplishments."*

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva Islands and in Disney. Casperson has lived on Sanibel and Captiva Islands for many years with her husband and two daughters and enjoys her beautifulife everyday. For more information, visit www.kaycasperson.com or follow her on social media @kaycasperson.✱

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Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Page Turners with Louise Fitzgerald and Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center. The featured book for Wednesday, May 12 is *Our Souls at Night* by Kent Haruf. Bring your lunch and view the movie at 12:30 p.m. At 2:30 p.m., join in for a discussion on both the book and movie.

Naples Baker Museum – Tuesday, April 18. Cost is \$15 for members and \$20 for non-members.

The Baker Museum is the foremost fine arts museum in Southwest Florida. Emphasizing modern and contemporary art, the museum hosts several traveling exhibitions annually to complement installations of works from its permanent collections. Dedicated to stewardship and scholarship, the Baker Museum provides world-class exhibitions and educational opportunities for Southwest Florida's diverse community. Advance registration is required. Carpool arrangements must be made for transportation.

Aging in Place Presentation – Friday, April 21 at 1 p.m. with Michelle La Forme, OTR/L, certified Aging in Place specialist with Ageless Living Solutions and partner with Preferred Care Home Health. Forme's focus is on creating stability and accessibility within the home,

allowing greater independence. Advance registration required.

Sunset Social on the Causeway – Tuesday, April 25 at 6 p.m. (weather permitting). Spend an evening relaxing and watching the sunset with friends. Meet on the causeway at 5:30 p.m. Food will be served at 6:30 p.m. Bring a side dish to share and your beach chair. Contact the center if you are interested in participating and for directions to the viewing area.

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Register by noon; the game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at 12:30 p.m.

Hearts – Friday at 12:30 p.m.

BINGO – Friday, April 28 at 1 p.m.

Kayaking on Tuesdays and Thursdays

Thursdays – April 18 and 25 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Line Dancing Classes – Tuesdays, 12:30 p.m. (offered through April 25). Cost is \$5 for members and \$8 for non-members. The instructor will review dance steps then turn up the music so you can dance. Bring a friend. Call to register.

Fitness Classes

Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Athletic footwear required. Connie DeCicco is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz

Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.✱

Chronic Disease Self-Management

Lee Health's Lee Health Solutions, in partnership with many local community agencies and supported in part initially by a grant from the Southwest Florida Community Foundation, is offering It's All About You, a research-based chronic disease self-management program developed by Dr. Kate Lorig of Stanford University.

The program is designed for people

18 years of age or older with chronic health conditions to help them learn ways to better manage their chronic conditions and the symptoms that often accompany chronic health conditions.

The free workshop is 2.5 hours once a week for six weeks. The workshop will be offered on Thursdays beginning on April 27 from 1 to 3:30 p.m. at the Surgical Healing Arts Center, located at 6150 Diamond Centre Court, Suite #1300 in Fort Myers.

For more information or to register, call 343-9264.✱

Chronic Pain Workshops

Would you like to learn how to better manage chronic pain conditions such as arthritis, fibromyalgia, back pain, headaches and more?

Lee Health will hold a free six-week workshop entitled Chronic Pain Self-Management on Fridays, beginning on Friday, April 28 from 9 to 11:30 a.m. at The Sanctuary. Chronic Pain Self-Management is a research-based program developed by Stanford University.

Information presented in the workshop can help one become empowered to improve his or her quality of life. Learn how to more easily manage medications; understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to healthy eating. Participants will also receive a copy of the book *Living a Healthy Life with Chronic Pain*.

The sessions will be held in The Sanctuary's second floor conference room at 8960 Colonial Center Drive in Fort Myers. Seating is limited and registration is required. Call 343-9264 for more information.✱

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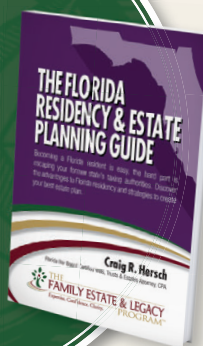
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(will travel)

dearRPharmacist

I Can't Unsee The Damage Done By Sarin



by Suzy Cohen, RPh

Dear Readers: When the news broke of the chemical attack on Syrian civilians and babies, we were all disturbed and shocked that a weapon of mass destruction was unleashed. Sarin is

its name, and it's 26 times more potent than cyanide.

Being a curious sort, I looked it up to see what the mechanism of action was, as well as the antidote to Sarin. With radiation, research supports greens (dulse, chlorella, spirulina etc) or perhaps some iodine supplements. None of that works for Sarin though.

I did something I shouldn't have. People who are empathetic should not be allowed to google images of such an attack! I can't unsee the damage done by Sarin and other nerve agents. Ugh. This neurotoxin was outlawed in the 1990s. It's in the same Schedule 1 category like LSD, heroin, marijuana, GHB and Ecstasy. It doesn't work like those, it's just categorized with them.

Sarin blocks an enzyme in the human body called acetylcholinesterase (ACHE) that normally breaks down your memory neurotransmitter called "acetylcholine." So some ACHE is good. It supports learning and memory. In fact, memory supplements always put ingredients in their formula to gently block ACHE, so again, a bit more acetylcholine is fine. Too much will kill you.

Sarin shuts down ACHE completely, so acetylcholine levels skyrocket within minutes. This is the same mechanism of action that bug spray and malathion utilizes. Most insecticides block ACHE,

so Sarin is essentially just human insecticide. If you walk by it and inhale it, you wouldn't even know because you can't see it or smell it. Death occurs within 5 to 10 minutes.

But how you wonder? When acetylcholine increases, your muscles cramp. Like most pesticide poisonings, SLUDGE (salivation, lacrimation, urination, defecation, gastrointestinal distress then emesis or vomiting, occurs. Twitching and jerking occurs, then the lungs cramp, paralyzing the airways. It's death by chemical asphyxiation.

Hosing off the children with water reduces skin exposure slightly. I still see those images from the news of babies being hosed off and thrown into a truck. The watering down of people will certainly dilute the poison and possibly prolong life, but then you have to ask yourself, what kind of life will that person now lead? Neurological consequences cannot be healed.

A total recovery is possible if exposure is low, not a lethal dose. And, mainly, if recognition occurs. Remember Sarin (and many nerve gases) are completely colorless and odorless, and you could walk right past someone who had a little on their clothes 30 minutes ago, and it will poison you.

Survival requires the antidote which is usually atropine (but sometimes pralidoxime). These are drugs classified as "anticholinergics." Atropine is a drug in the U.S., used to treat pesticide poisoning, tachycardia, overactive bladder and pupil dilation (yes, it comes as an eye drop). FYI, many herbs and over-the-counter medications have similar, but weaker anticholinergic properties. So now you're better informed as you watch the news, and here's hoping we never face that kind of brutality in our country. May those who perished rest in peace.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Eden Energy Medicine

EEM First Aid: Ileocecal Valve Explained



by Karen L. Semmelman, Certified EEM, JD, AAML (03-01)

In the column last week, you learned how to fix an upset stomach with the ileocecal valve. So, what is it and what does it do? The valve rhythmically

opens and shuts to process waste from food, hormones and chemicals that continually move through the bloodstream. If the valve's rhythm is imbalanced, more significant health problems may present themselves since the toxins are backing up into the body's systems. One may experience lower backache, bronchitis, eczema, digestive ongoing discomforts and toxic buildup in the kidneys – all of which Donna Eden has seen resolved by resetting the ileocecal valve (see page 283 of her *Energy Medicine* book). That's not to say that this will always happen, but the rebalancing of this valve has dramatic impact and helps

reset the other valves in the body as well. When testing clients after resetting the valve, I have seen dramatic shifts. So try the exercise described last week to clear this valve. If that doesn't seem to work and you still have discomfort in this area, try this:

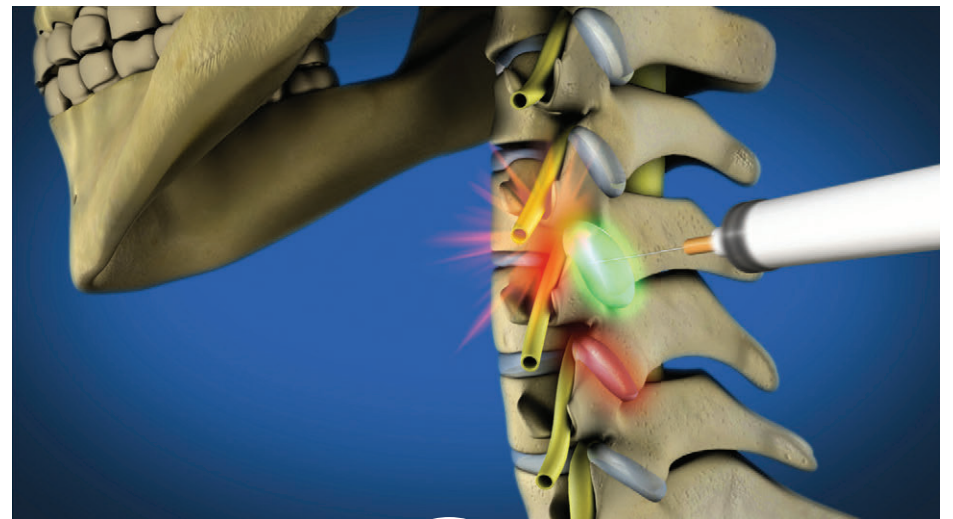
1. Lay down. Push the fingers of both hands deeply into the ileocecal valve (inside the right hip bone, per last week's column) while slowly lifting the right knee toward the trunk of the body until you reach a 90-degree angle.

2. Slowly straighten the right leg while continuing to push in on the valve. Hold for three breaths.

3. Release and do the three thumps of the 5-Minute Routine (kidney 27 points), thymus at the middle of the sternum and spleen (on the side of body four inches below the middle of the arm pit).

There is another valve that is referred to as the Houston valve, which is located on the left side of the body. By doing the exercise described last week, but placing one hand on the left side and one hand on the right, you will reset this valve as well. This is a great exercise to do daily.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✱



PINCHED NERVE?

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Doctor and Dietician

Three Treatments That Worsen Pain



by Ross Hauser, MD and Marion Hauser, MS, RD

Did you know some of the most common treatments for pain can actually lead to more long-term joint damage? Corticosteroids, NSAIDs and RICE (Rest, Ice, Compression, Elevation) are standard treatments for musculoskeletal pain included in this category. Corticosteroids are given as injections or oral medications, which may temporarily reduce pain and inflammation. However, this can be problematic when the pain signal is turned off yet a person continues to engage in full sports and activities on an injured joint, accelerating joint damage. Additionally, cortisone itself is degenerative to tissue, including cartilage. Non-steroidal anti-inflammatories (NSAIDs), such as ibuprofen, inhibit the body's repair processes. NSAIDs are

among the most commonly used drugs in the world for pain, yet have the potential for significant side effects to the liver, stomach, gastrointestinal tract and heart. Additionally, they have no beneficial effect on articular cartilage, rather, they accelerate osteoarthritis, the very disease for which they are most often used. Both cortisone injections and NSAIDs inhibit the healing process, making re-injury much more likely in the future. Rest, ice, compression and elevation (RICE) have long been used in the treatment of sports injuries. However, these modalities hinder the natural inflammatory healing cascade. Inflammation boosts blood flow to the area as the body tries to repair the injury. RICE encourages stagnation of blood flow to the already blood-poor tissue structures, decreasing healing ability. Treatments such as ultrasound, heat, acupuncture and massage aid in the healing process by encouraging blood flow. However, if the injury has not healed after a few weeks, stronger treatments to repair the weakened tissue – such as regenerative injection therapy – may be the next step. Seeking regenerative treatments that offer healing at the source of injuries can enable a speedy return to normal activities without unnecessary long-term risks. *This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.***

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses. **Dear Mom & Me,** Our son invited my husband and me to visit for the holidays. We were very pleasantly surprised and said yes without hesitation. In retrospect, maybe we should have given it more thought, but we are perpetual optimists. We arrived and were treated cordially and I thought things were going nicely – but I was wrong.

On the third day, I was going downstairs when I heard my 13-year-old granddaughter say to her mother, “Why do you hate grandma so much?” I should have stayed on the stairs and listened, but I continued down and as soon as they heard me, their conversation stopped. We were terribly disappointed when we first met the woman of my son’s choice and hoped it would never come to marriage. But when they did marry, I have tried my best to be as accepting as I can and even went to counseling to help in the process. My son has positively not helped in any way to make things better. He just withdraws and hopes that time will resolve all of the problems. My husband is very hurt, but he is not a problem solver by nature and does not even know where to start. Next year will be different I know; I

already have it planned. I want to open our home to others who may also not want to visit their families but don’t know what to do. On second thought, I might suggest we go on a cruise and spend the holiday time with total strangers. What do others do? Rosalee

Dear Rosalee, I am sorry that your relationship with your daughter-in-law is so difficult, and difficult for so long by judging the age of your granddaughter. I have found there are always two sides to every story, so I can state with assurance that both you and your daughter-in-law are responsible for the condition of your relationship. It does sound like you have tried over the years to mend that relationship. I do not know what your daughter-in-law has done, nor do I know what your son has done or not done. However, if you have tried your very best to establish a positive relationship and your daughter-in-law and son are not interested in developing a relationship, perhaps less time together is the next alternative. You cannot change other people but you can change your own behavior. Also, sometimes the best family relationships are those at a distance. Before you put more distance between you and your son, and his family, consider all of the alternatives and the possible consequences. Pryce

Dear Rosalee, Your suggested solutions are at least worth a try. In-law problems seem to be everywhere. Those people who have a loving relationship should consider themselves truly blessed. Your son should be the one to help the situation, but if he just looks the other way nothing will get better and it will all probably get worse. You have done your best but unless the others see a problem or refuse to see a problem you can’t solve it by yourself. As hard as it seems, you will just have to make the most of a very difficult situation. Please make long range plans for your own care because I do not think your son and his wife will ever come to your assistance. Lizzie

Lizzie and Pryce’s email address is momandmeaging@hotmail.com.**

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Plastic Surgeon Receives Award

Fort Myers Facial Plastic Surgeon Dr. Stephen R. Prendiville is one of 500 doctors worldwide to receive the prestigious RealSelf 500 Award for 2016. The award is presented by RealSelf, the leading online community that helps people make confident choices about elective cosmetic procedures. Dr. Prendiville was selected from thousands of board-certified specialists for the honor. He is the only Southwest Florida facial plastic surgeon to be recognized by RealSelf. This is the sixth consecutive year that Dr. Prendiville has been honored by RealSelf. Medical professionals that made the annual RealSelf 500 list are recognized both for having an outstanding record

of positive consumer feedback and for providing unique, valuable insights to questions asked by consumers. Dr. Prendiville was invited to join www.RealSelf.com as a reviewer in 2008 and has now achieved distinguished member status for his responses to patients with questions about facial plastic surgery and skin rejuvenation techniques. As an expert contributor to RealSelf, he has posted more than 2,000 answers to questions posted on the RealSelf website. “The 500 doctors receiving this award are part of a select group of top influencers on RealSelf who collectively answered more than 300,000 consumer questions in 2016 alone,” said RealSelf Founder and CEO Tom Seery. “These doctors are leading the way in terms of their online engagement and focus on empowering patients with good information.”**



Zucchini and Tomatoes with Edamame

- 1 large zucchini, diced into medium-sized pieces
- 2 medium tomatoes, diced into medium-sized pieces
- 2 tablespoons fresh basil leaves, hand-torn
- 2 cloves fresh garlic, minced
- 1 cup shelled edamame, thawed
- 1 tablespoon grated Parmesan cheese
- Kosher salt and fresh ground pepper to taste

In medium-sized saucepan, heat 1 cup of lightly salted water to a boil. Add zucchini and edamame; simmer 3 to 5 minutes or until desired tenderness.

Completely drain vegetables and return to saucepan. Stir in remaining ingredients except cheese.

Cook and stir 1 minute or until heated thoroughly. Serve warm in a dish or on plates and garnish with cheese.*

Zucchini and Tomatoes with Edamame



photo courtesy Fresh From Florida

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Florida Highway Patrol	278-7100
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Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc.	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club.	facebook.com/sancapshellclub
Sanibel Youth Soccer	www.sanibelsoccer.org
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com

PETS OF THE WEEK

Lee County Domestic Animal Services

Roly Polie Ollie And Happy

Roly Polie Ollie is a 2-year-old male domestic shorthair who is a special boy that has quickly won the hearts of staff and volunteers at Lee County Domestic Animal Services. He has an issue with balance, so he does stagger when he walks. We like to call it his swagger! He requires no medication for his condition and healthy and happy. He is looking for a home where his eccentricities can be appreciated.

His adoption fee is Pick Your Price, between \$5 and \$30 (pick an easter egg and the price is inside).

Happy is a 4-year-old female Florida cur and a beautiful girl who lives up to her name. She is always happy and loves people and her canine friends. She is at the perfect 'tween age where she still has energy to play, but is perfectly content to sit on the couch and watch TV with you.

Her adoption fee is Pick Your Price, between \$5 and \$30 (pick an easter egg and the price is inside).

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com.✴



Roly Polie Ollie ID# 693710



Happy ID# 693937

Haven on Earth Animal League

Maizy And Toby

Hi, my name is Maizy. I'm just the cutest little female kitten ever. I am a calico and tabby mix. I'm only seven weeks old and just now ready for adoption. My foster mom has been giving me lots of love, and now I'm ready to find my forever home. My adoption fee is \$125, which includes spaying and all vaccinations. Call Diane at 860-833-4472 or email Haven on Earth Animal League at haveneearthanimalleague@yahoo.com to make an appointment to meet me.

Hi, my name is Toby. I am a really sweet baby boy with beautiful Tabby markings and white cheeks. I am only seven weeks old and just now ready for adoption. My adoption fee is \$125, which includes neutering and all vaccinations. I am currently residing with a foster mom. To make an appointment to see me, call Diane at 860-833-4472 or email Haven on Earth Animal League at haveneearthanimalleague@yahoo.com.

We are being cared for by Haven on Earth Animal League. For more information, email haveneearthanimalleague@yahoo.com.✴

PAWS Of Sanibel

Rosie And Beau

Sadly, beautiful kitties Rosie and Beau recently lost their human momma and her husband is not able to keep them. Rosie is a domestic medium long hair, and Beau is a domestic short hair. Both were born in 2007, were adopted as kittens, and are from two different litters. They are both front declawed. They have always been kept inside. They love to play with toys, are loving and love attention. Currently, they have two large dogs in their household, a German shepherd and a golden retriever, so they are accustomed to sharing living space with dogs. Beau is more at home with the dogs and, while Rosie has no issues with the dogs, she prefers her own space and stays out of their way.

They have had recent physical exams and are up to date on their rabies immunization. They are very sweet and deserving of a wonderful home. Call Ed at 565-5028.✴



Rosie



Beau

PAWS Of Sanibel

Hugo And Caramel

PAWS of Sanibel is trying to find a temporary foster for two dogs while the owner continues to undergo cancer treatment.

The dogs can be fostered together or separate. Food and supplies will be provided.

Both dogs are around 3 years old. They both are kennel trained and sleep together.

If you can help, call Pam at 472-4823.✴



Hugo and Caramel

PAWS Of Sanibel

Prince Harry

This handsome guy needs a forever home. Prince Harry is a young, approximately 1-year-old beautiful light orange Ocicat mix with a beautiful coat. He has a lot of attitude/ personality and loves to jump, run and play. He was picked up by the Sanibel Police on East Lake Road. He has been neutered, microchipped, combo tested and has had all his immunizations.

He seems to do fine with cats, but he does not like DOGS! He's being fostered currently, but only for a couple of weeks. PAWS would love to find him a great home with a wonderful family. As with all of the cats at PAWS, he must be kept inside, unless you teach him to walk on a leash during daylight hours only. Sanibel has become so overrun with wild critters that all small animals should be kept inside at night, and never should be allowed to roam free.

Call Pam at PAWS at 472-4823 with questions or to adopt Prince Harry.✴



Prince Harry

PUZZLES

Answers on page 37B

Super Crossword

TEN-CHARACTER
MIX

ACROSS

- 1 See 19-Across
6 Bird refuge
10 Girl, to Scots
14 Tree thicket
19 With 1-Across, spring prank victims
20 Difficult duty
21 Jai —
22 Not inclined
23 Papal topper
24 Long hike
25 Crooner Crosby
26 Tomb artifact, e.g.
27 Failure to keep developing a villain's character?
31 Summer zodiac sign
32 On an ad — basis
33 "Sprechen — Deutsch?"
34 Decade count
35 "I — care"
37 Person forging duel weapons for a big film studio?
43 Trailer-park parkers, for short
44 "— deal?" ("Are we on?")
45 Nun's string of beads
46 Lederer who was better known as Ann Landers
49 Poke (out)
51 Nomadic sort
54 Head demons licensed
62 Article south of the border
63 It increases on a birthday
64 Single-file
65 Somewhat, informally
67 Alternative to a Cert or a Tic Tac
70 Hamburger unit
71 More gutsy?
72 "— is human"
73 Estevez of the screen
75 Letter #26
77 Gobble down
78 Newly coined synonyms for depression?
83 — buddy (close friend)
84 Dad's mate
85 Anxious
86 Volcanic peak in N. Oregon
90 Limerick's rhyme pattern
94 Cedar's kin
95 Providing refuge for people who use bleach?
102 Granola bit
103 Adore, cutely
104 Hosp. test
105 Exist
106 Go quickly
108 Babies seen moving wavily in prenatal scans?
114 Shaw of jazz as legs
115 Rear, as legs
116 Film director Ephron
117 Puts freight on
118 Very best performance
119 Met melody
120 A part of
121 Action scene
122 Fight off
123 Nastassja Kinski film
124 Camp sight
125 Cheeky

DOWN

- 1 Lethal
2 Shared views
3 Speaking pro
4 Old Italian coin
5 Mill refuse
6 Later
7 Tenor Caruso
8 Files a case against
9 Gives a double cluck of reproach
10 Diagnostic procedure
11 Et —
12 Wooed with a melody
13 Contract inker, e.g.
14 Rudely terse
15 New York tribe
16 LummoX
17 Device used in Twister
18 End-of-list abbr.
28 Units of resistance
29 "Oh yes, Juan!"
30 Russia's Gromyko
36 Go for it
38 "— go brag!"
39 With, to Yves
40 Act of liturgy
41 Battle shout
42 To a greater extent
46 Key above D
47 Literary intro
48 Pale shade
49 Sprightly dance
50 Consume
52 "Looky here!"
53 Ex-combat Gls' gp.
55 Possessed
56 Watch faces
57 "Nay" voters
58 Betray by blabbing
59 And not
60 Most arid
61 Cooks, as some clams
66 Dilettantish
68 Gold, to Juan
69 1950 Asimov classic
70 "Simple Simon met a —"
71 Prefix with caching
73 Frozen water, to Wilhelm
74 L followers
75 Beastly site?
76 Elegant tree
79 First Ford car
80 Online 'zine
81 Increase
82 Apropos of
86 Eds.' piles
87 See 94-Down
88 Lift in the back of a shoe
89 Quaint
91 Task lists
92 Ran in the wash
93 Baseballer Randy Johnson's nickname, with "the"
94 With 87-Down, get a strong desire
96 Charge to attack
97 Côte d'—
98 Strong-force particle
99 AWOL pupil
100 Greek island
101 Vampy types
107 Elia offering
109 Angling need
110 États- —
111 Nil
112 "Ah, so sad"
113 O'Hara home
114 Swiss river

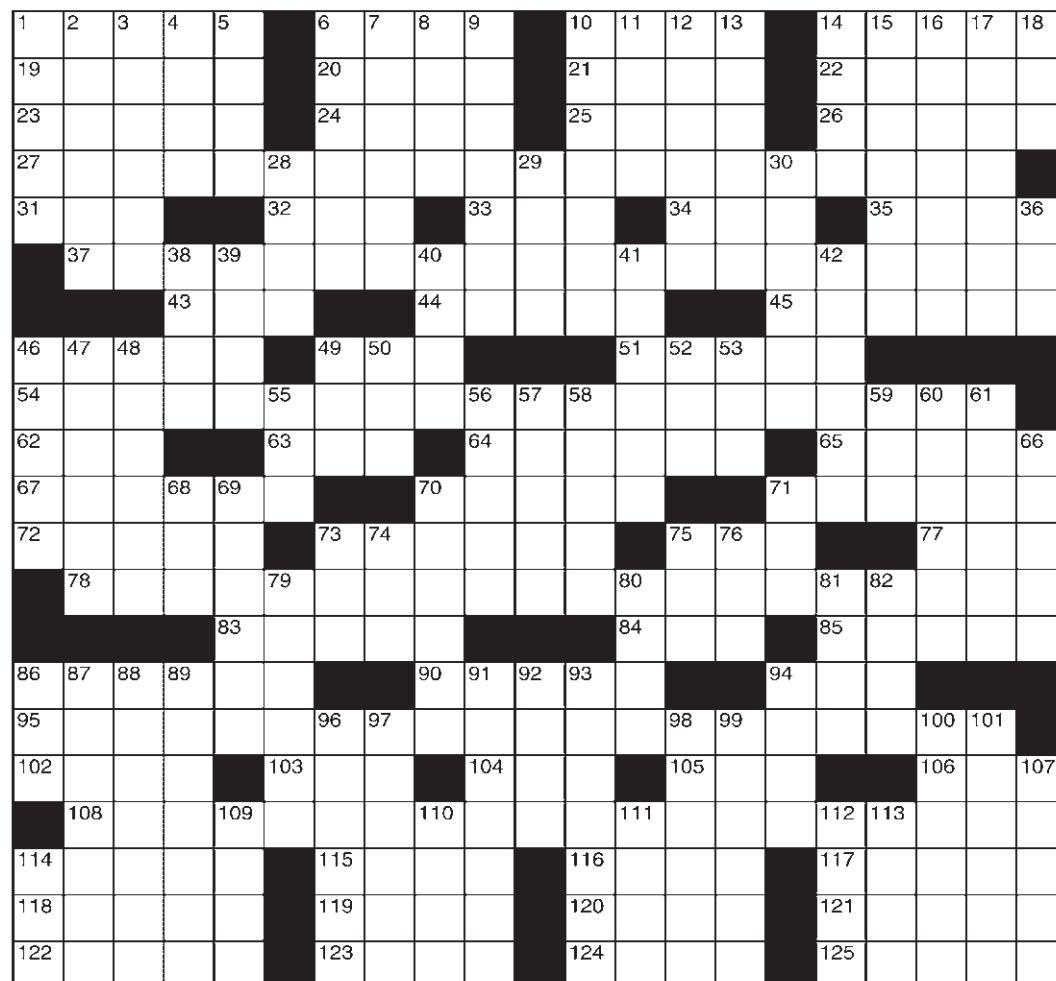
King Crossword

ACROSS

- 1 Choir voice
5 Tackle the slopes
8 Mediocre
12 Prompted
13 Moray, for one
14 Helper
15 Chris Matthews' show
17 Shakespearean king
18 "Delicious!"
19 Rock band's need
20 Vertical
21 Saute
22 Peter Pan rival
23 Stereo setups
26 Resident
30 Lotion additive
31 Spicy
32 Green land
33 Kadiddle-hopper
35 Aquatic plant life
36 Female deer
37 Bouquets-to-order co.
38 High
41 Sticky stuff
42 Tier
45 Culture medium
46 Concealed trigger
48 Sandwich
shop
49 That guy's
50 Admitting customers
51 Kennel squeal
52 Choose
53 Sunrise direction
weather
8 Diamond location
9 Stead
10 First man
11 KFC flavorer
16 Taverns
20 Cushion insert
21 Educational visit
22 Lustrous black
23 Owns
24 Sort
25 Enemy
26 Put on
27 Sharp turn
28 Historic period
29 Born
31 Weeding tool
34 Monkey (with)
35 On
37 Palm off (on)
38 "— and the Tramp"
39 Curved molding
40 Respond to gravity
41 Clench
42 Kelly of morning TV
43 Raw rocks
44 Took off
46 Nevertheless, for short
47 Travail

DOWN

- 1 Sore
2 Hawaiian feast
3 Expression
4 Peculiar
5 Sordid
6 Edible seaweed
7 Under the



MAGIC MAZE • HARD TO OPEN

C Q E O H S I L O P L I A N P
M K I L (C O C O N U T) N S I A
F P D B T Z X W U A A K L S I
Q I O N L T J H J N C L A M N
F C D C A Y O W A A S O V T T
S K Q P N T L B P R M K I I C
H L F E U C N K E B E J Z O A
Y E W N V E C T U N S F A R N
Q J L P E A T U N L I Z A R B
N A M R N E L J I H F W E S D
W R G S L L I B Y L H T N O M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|--------------|---------------|------------|-------------|
| Brazil nut | Letters | Paint can | Snack packs |
| Coconut | Monthly bills | Pickle jar | Walnut |
| Green banana | Nail polish | Pills | Wine bottle |
| Jam jar | No. 10 can | Safe | |



"I bet you thought I was kidding when I promised to show you something you could _____!"
answer on page 37B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Angst
AMELIAS _____
Sully
FECAED _____
Edge
GRIFEN _____
Mesh
GNOBLE _____

TODAY'S WORD

1			6				8	
	9			4		2		
		2			7		4	9
6		3			1			2
	2			6			7	
4			5			9		
		9	7			5		
8					3			1
	5			8			2	3

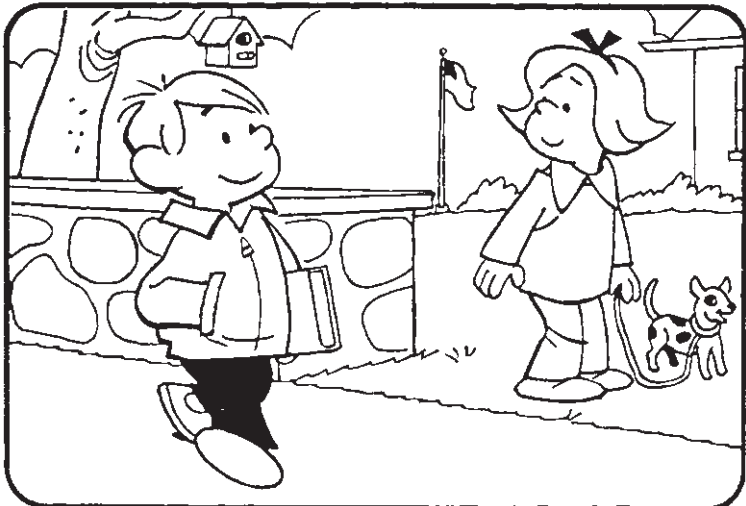
SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

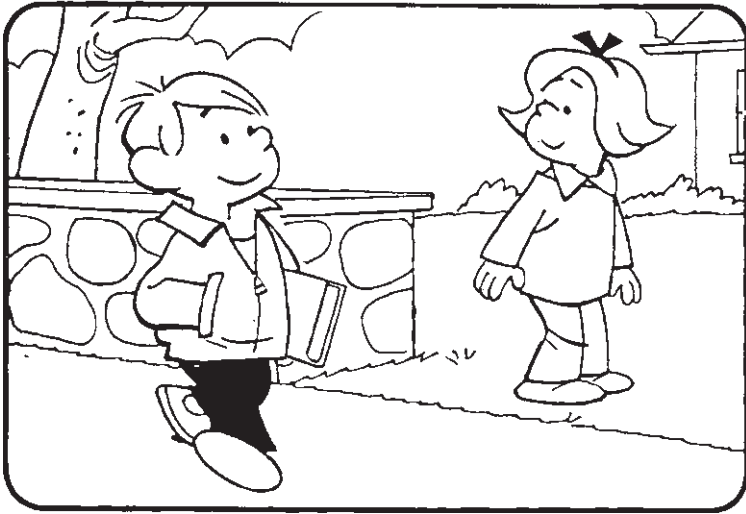
answer on page 37B

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Birdhouse is missing. 2. Jacket is missing. 3. Flagpole is missing. 4. Book is missing. 5. Collar is missing. 6. Dog is missing.

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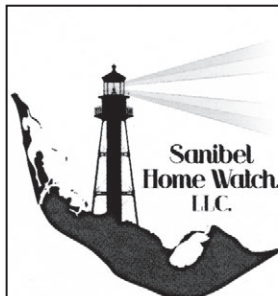


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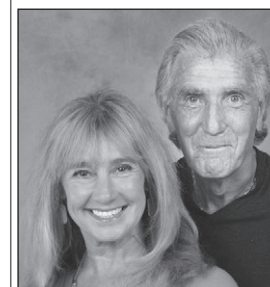


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1	4	7	6	2	9	3	8	5
3	9	6	8	4	5	2	1	7
5	8	2	1	3	7	6	4	9
6	7	3	4	9	1	8	5	2
9	2	5	3	6	8	1	7	4
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2	3	9	7	1	4	5	6	8
8	6	4	2	5	3	7	9	1
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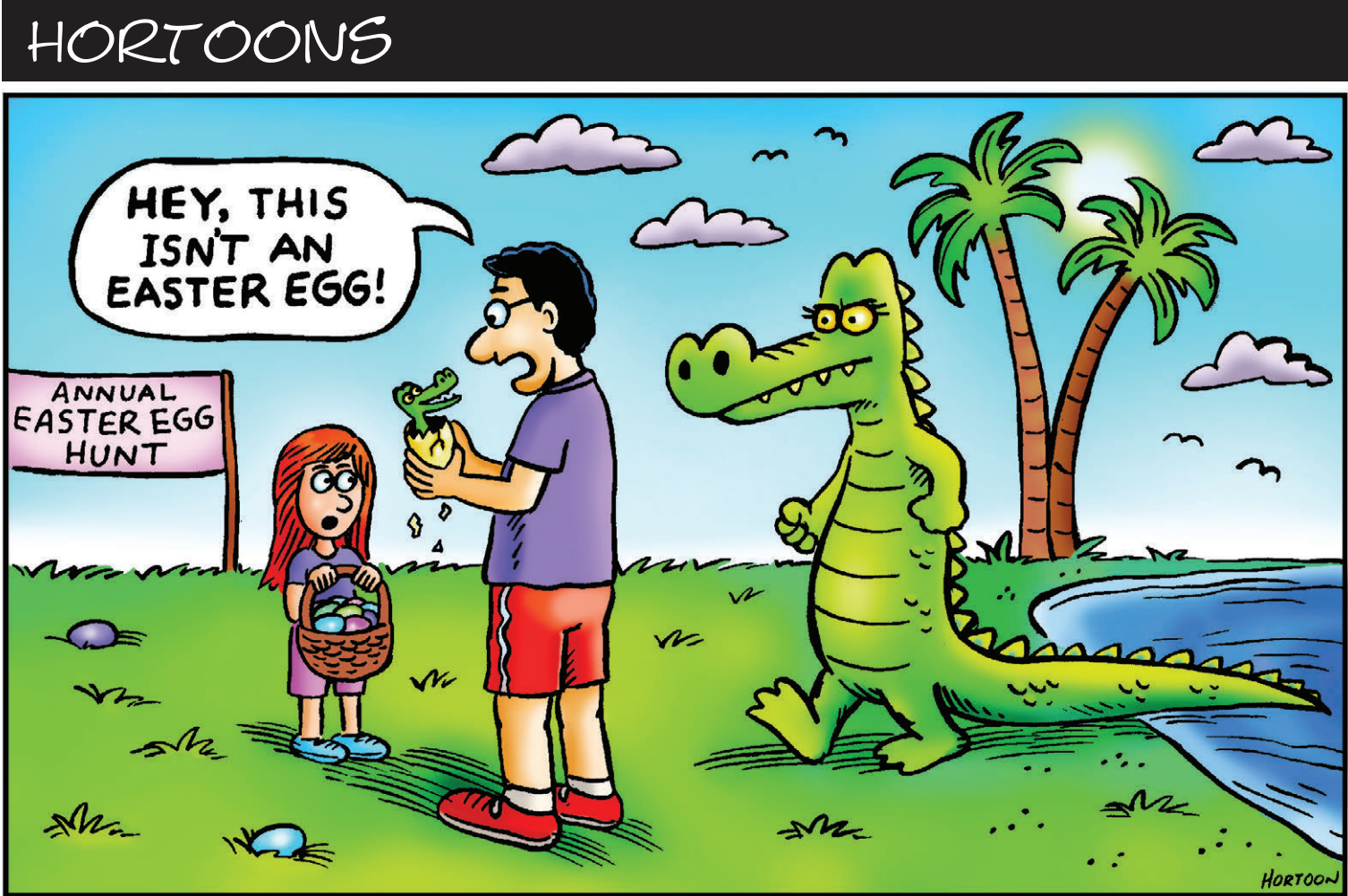
FICTITIOUS NAME
NOTICE IS HEREBY GIVEN that Sanibel Sea School, Inc., with an address of P.O. Box 1229, Sanibel, FL 33957, desiring to engage in business under the fictitious name "Ocean Tribe Outfitters" located in Lee County, Florida, intends to register said name with The Division of Corporations of the Department of State, Tallahassee, Florida. Dated the 6th Day of April, 2017. James Bruce Neill, Sanibel Sea School, Inc. * 4/14 CC 4/14

My Stars★★★★★

FOR WEEK OF APRIL 17, 2017
ARIES (March 21 to April 19) A sudden change of plans could lead to a misunderstanding with a friend or family member. Be ready to offer a full explanation of your decision. A past favor is returned.
TAURUS (April 20 to May 20) Expect pressure from those who want you to change your position on a matter of importance. However, the determined Bovine will be able to withstand the bullying and win out.
GEMINI (May 21 to June 20) It's time to stop dwelling on past disappointments and move on to other possibilities. By week's end, you'll be meeting new people and making new plans for the future.
CANCER (June 21 to July 22) A long-simmering situation between co-workers

threatens to heat up and could create problems with your work schedule. Best advice: Consult a supervisor on how to proceed.
LEO (July 23 to August 22) You might have just learned that someone close to you is keeping a secret. And, of course, the Cat's curiosity has gone into overdrive. But be patient. All is revealed soon enough.
VIRGO (August 23 to September 22) Don't give up. The recognition citing the good work you recently did will come through. Meanwhile, an opportunity opens up that can lead to a lot of traveling later on.
LIBRA (September 23 to October 22) A financial crunch eases, but it's still a good idea to keep a tight rein on what you spend for nonessentials. Education becomes a major focus as the week winds down.
SCORPIO (October 23 to November 21) Recent encounters with stressful situations could require some restorative measures to get your

energy levels back up. Talk to your doctor about a diet and exercise program.
SAGITTARIUS (November 22 to December 21) New connections follow changes on the job or in your personal life. But keep your feelings reined in until these relationships have a chance to develop.
CAPRICORN (December 22 to January 19) Pay more attention to your aches and pains, but avoid self-diagnoses. Seek professional advice to make sure these problems won't lead to something more serious.
AQUARIUS (January 20 to February 18) You love doing research and learning new things, so you'll be happy to know that education becomes a big part of your life at this time, and for some time to come.
PISCES (February 19 to March 20) Your Piscean penchant for doing things logically could be challenged by an equally strong emotional reaction to a new situation. Best advice: Keep the two factors in balance.



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Rookery Lake	Bonita Springs	2001	5,280	\$2,850,000	\$2,675,000	45
Cases	Fort Myers Beach	1963	1,694	\$1,998,000	\$1,925,000	0
Cassina	Miromar Lakes	2016	2,672	\$1,481,195	\$1,489,535	80
Captiva Palma Unrecorded Subdivision	Captiva	1979	1,988	\$1,400,000	\$1,390,000	18
Cape Coral	Cape Coral	2001	3,594	\$989,500	\$979,500	5
Not Applicable	Sanibel	1968	1,766	\$975,000	\$945,000	21
Sanctuary	Bonita Springs	1998	4,984	\$950,000	\$950,000	122
Del Sega	Sanibel	1976	2,530	\$899,000	\$777,000	343
The Rocks	Sanibel	1977	2,072	\$869,000	\$830,000	71
Kings Crown	Sanibel	1975	1,891	\$849,900	\$828,000	115

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